



Kap Arkona Lauf 2017 - 10km

Erstellt: 30.09.2017 18:25:53

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|----|---|------|---------------|-------------|----------|--------|--------------------------|----------|
| 1 | 1 | | 123 | Peter | Heydemann | 1 | M45 | TSV BINZ 27 e.V | 00:37:24 |
| 2 | 2 | | 210 | Ralf | Mauke | 1 | M35 | SV HK Stralsund | 00:38:12 |
| 3 | 3 | | 185 | Michael | Kuhardt | 2 | M35 | Citylauf-Verein Dresden | 00:38:22 |
| 4 | 4 | | 361 | Pascal | Legrand | 1 | M50 | Füchse Berlin | 00:39:10 |
| 5 | 5 | | 164 | Adrian | Kopplin | 1 | MJ U18 | TSV BINZ 27 e.V | 00:41:03 |
| 6 | 6 | | 122 | Daniel | Heusner | 3 | M35 | | 00:41:25 |
| 7 | | 1 | 113 | Stine | Henning | 1 | WJ U18 | SC Neubrandenburg | 00:41:54 |
| 8 | 7 | | 96 | Till | Kramp | 1 | MJ U16 | | 00:41:55 |
| 9 | 8 | | 264 | Denny | Rossow | 1 | M40 | Cold-Nose Runners | 00:42:16 |
| 10 | 9 | | 172 | Ronny | Kramp | 2 | M40 | FHSG Stralsund | 00:42:35 |
| 11 | 10 | | 87 | Thorsten | Garberding | 3 | M40 | LG Altes Amt | 00:42:52 |
| 12 | 11 | | 15 | Nicolas | Rux | 2 | MJ U16 | Laufgruppe Diana&Friends | 00:42:52 |
| 13 | 12 | | 139 | Heiko | Jaschinski | 2 | M45 | LTV Genthin | 00:42:53 |
| 14 | 13 | | 207 | Arne | Lüsch | 3 | M45 | | 00:43:00 |
| 15 | 14 | | 211 | Ronald | Mauke | 1 | M60 | SV HK Stralsund | 00:43:43 |
| 16 | 15 | | 223 | Thomas | Müther | 2 | M50 | Team Ostseebad Binz | 00:43:43 |
| 17 | 16 | | 45 | Jan-Christoph | Dau | 1 | M30 | | 00:43:45 |
| 18 | 17 | | 110 | Thomas | Riedel | 1 | M55 | | 00:43:58 |
| 19 | | 2 | 34 | Jana | Exner | 1 | W40 | | 00:44:12 |
| 20 | 18 | | 322 | Sven | Stromeier | 4 | M35 | Laufteam Rügen e.V. | 00:44:30 |
| 21 | | 3 | 74 | Jacqueline | Förster | 1 | W45 | SCC Berlin | 00:44:41 |
| 22 | 19 | | 208 | Daniel | Lukes | 5 | M35 | | 00:45:29 |
| 23 | 20 | | 44 | Helge | Colmsee | 4 | M45 | Team Ostseebad Binz | 00:45:29 |
| 24 | 21 | | 2014 | Sebastian | Günther | 2 | M30 | SV Turbine | 00:45:33 |
| 25 | 22 | | 267 | Nick | Rothe | 1 | MJ U20 | | 00:45:36 |
| 26 | 23 | | 295 | Martin | Schulz | 5 | M45 | TC Fiko Rostock | 00:45:38 |
| 27 | 24 | | 312 | Frank | Grützmacher | 4 | M40 | | 00:46:06 |
| 28 | 25 | | 323 | Michael | Stumpf | 6 | M45 | | 00:46:26 |
| 29 | 26 | | 91 | Guido | Graßmel | 6 | M35 | Kornkäfer Luckau | 00:46:32 |
| 30 | 27 | | 279 | Norbert | Schäfer | 2 | M60 | FSV Basdorf | 00:46:35 |
| 31 | 28 | | 293 | Marc | Schneider | 7 | M35 | | 00:46:54 |
| 32 | 29 | | 53 | Thomas | Dombrowski | 5 | M40 | | 00:46:57 |
| 33 | 30 | | 221 | Ralf | Müller | 7 | M45 | | 00:47:00 |
| 34 | 31 | | 219 | Lars | Müller | 6 | M40 | | 00:47:11 |
| 35 | 32 | | 311 | Marco | Starkenber | 8 | M45 | 1.FC Union Berlin | 00:47:23 |
| 36 | 33 | | 259 | Helmut | Ringhand | 1 | M70 | Magdeburger LV | 00:47:34 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|----|----|-----|------------|-----------------|----------|--------|------------------|----------|
| 37 | 34 | | 360 | Jan | Zimmermann | 8 | M35 | Kornkäfer Luckau | 00:47:42 |
| 38 | 35 | | 303 | Matti | Seidel | 3 | MJ U16 | SV Breege | 00:47:55 |
| 39 | 36 | | 23 | Michael | Döbbel | 7 | M40 | Hamburg Running | 00:47:58 |
| 40 | 37 | | 37 | Jakob | Bruse | 4 | MJ U16 | Rehnaer SV | 00:48:05 |
| 41 | 38 | | 291 | Daniel | Schneider | 3 | M30 | | 00:48:08 |
| 42 | 39 | | 304 | Steffen | Seidel | 9 | M45 | SV Breege | 00:48:12 |
| 43 | | 4 | 270 | Tatjana | Rüggeberg | 2 | W45 | | 00:48:33 |
| 44 | 40 | | 165 | Edwin | Kopplin | 2 | M55 | Göhren | 00:48:43 |
| 45 | 41 | | 41 | Roy | Burwitz | 3 | M50 | Rujana Sharks | 00:48:46 |
| 46 | | 5 | 283 | Catrin | Scherping | 3 | W45 | TSV BINZ 27 e.V | 00:48:47 |
| 47 | | 6 | 335 | Kathy | Tredup | 1 | W35 | | 00:48:50 |
| 48 | 42 | | 246 | Ansgo | Portwig | 3 | M60 | Goslar | 00:48:52 |
| 49 | | 7 | 11 | Jana | Bahlo | 4 | W45 | | 00:48:56 |
| 50 | 43 | | 273 | Daniel | Fedrowitz | 9 | M35 | | 00:49:01 |
| 51 | 44 | | 233 | David | Nowak | 10 | M35 | | 00:49:05 |
| 52 | 45 | | 183 | Christian | Künzel | 4 | M30 | | 00:49:05 |
| 53 | 46 | | 354 | Frank | Wojna | 8 | M40 | | 00:49:07 |
| 54 | 47 | | 228 | Lutz | Neumann | 9 | M40 | | 00:49:07 |
| 55 | 48 | | 75 | Olaf | Wutzke | 10 | M40 | | 00:49:09 |
| 56 | 49 | | 280 | Wolfgang | Schaffarzyk | 4 | M60 | Atrium am Meer | 00:49:09 |
| 57 | 50 | | 315 | Magnus | Steffen | 5 | M30 | | 00:49:10 |
| 58 | 51 | | 192 | Jan | Liedtke | 10 | M45 | TSV Karlshorst | 00:49:15 |
| 59 | | 8 | 355 | Kathrin | Zeibig | 5 | W45 | Kornkäfer Luckau | 00:49:16 |
| 60 | 52 | | 145 | Tobias | Goebel | 6 | M30 | | 00:49:21 |
| 61 | 53 | | 300 | Andreas | Schwartz | 4 | M50 | Atrium am Meer | 00:49:24 |
| 62 | | 9 | 302 | Marion | Schwarz | 1 | W60 | Atrium am Meer | 00:49:30 |
| 63 | 54 | | 247 | Manfred | Posniak | 1 | M65 | | 00:49:34 |
| 64 | 55 | | 317 | Marco | Steinbrecher | 11 | M35 | | 00:49:39 |
| 65 | | 10 | 83 | Lea-Sophie | Funk | 2 | WJ U18 | TSV BINZ 27 e.V | 00:49:46 |
| 66 | | 11 | 54 | Evelyn | Dost-Dombrowski | 2 | W40 | | 00:49:47 |
| 67 | 56 | | 68 | Robert | Ewert | 7 | M30 | | 00:49:48 |
| 68 | 57 | | 94 | Daniel | Grote | 11 | M45 | Kornkäfer Luckau | 00:49:54 |
| 69 | 58 | | 103 | Moritz | Happ | 2 | MJ U20 | Stralsund | 00:50:23 |
| 70 | 59 | | 276 | Tomas | Salchow | 12 | M35 | | 00:50:30 |
| 71 | 60 | | 237 | Bernd | Pasedag | 3 | M55 | Atrium am Meer | 00:50:35 |
| 72 | 61 | | 234 | Joachim | Paasch | 4 | M55 | | 00:50:43 |
| 73 | | 12 | 179 | Cora | Kruse | 2 | W60 | Magdeburger LV | 00:50:43 |
| 74 | 62 | | 13 | Michael | Balmert | 11 | M40 | | 00:50:55 |
| 75 | 63 | | 102 | Niklas | Hantel | 3 | MJ U20 | Hoitlinger SV | 00:51:01 |
| 76 | | 13 | 127 | Sandra | Laudien | 3 | W40 | | 00:51:02 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|----|----|------|-----------|-------------|----------|--------|---------------------------|----------|
| 77 | | 14 | 362 | Anna | Rämisch | 1 | W30 | | 00:51:04 |
| 78 | | 15 | 216 | Silke | Moll | 6 | W45 | Atrium am Meer | 00:51:06 |
| 79 | 64 | | 22 | Sebastian | Becker | 13 | M35 | | 00:51:09 |
| 80 | 65 | | 114 | Tilo | Henning | 12 | M45 | PSV Neubrandenburg | 00:51:11 |
| 81 | 66 | | 331 | Heiko | Tiburtius | 5 | M55 | De Heidehoppers Rostock | 00:51:16 |
| 82 | | 16 | 330 | Ariane | Tiburtius | 1 | W50 | De Heidehoppers Rostock | 00:51:16 |
| 83 | 67 | | 240 | Thomas | Petsch | 14 | M35 | Kommune Hoppelstraße | 00:51:43 |
| 84 | 68 | | 358 | Ulf | Zickert | 5 | M50 | AOK Nordost | 00:51:51 |
| 85 | 69 | | 117 | Robert | Herm | 15 | M35 | | 00:51:57 |
| 86 | | 17 | 307 | Monika | Sindt | 3 | W60 | TSG Wittenburg | 00:52:08 |
| 87 | 70 | | 133 | Philipp | Hülse | 1 | M | Freiläufer | 00:52:17 |
| 88 | 71 | | 65 | Christian | Engelke | 6 | M50 | TSV Schönberg | 00:52:40 |
| 89 | 72 | | 176 | Marko | Petschke | 16 | M35 | | 00:52:49 |
| 90 | 73 | | 57 | Maik | Drätz | 12 | M40 | | 00:52:53 |
| 91 | 74 | | 131 | Vincent | Hoyer | 5 | MJ U16 | | 00:52:58 |
| 92 | 75 | | 262 | Hugo | Rohde | 6 | MJ U16 | Rujana Sharks | 00:53:02 |
| 93 | | 18 | 112 | Katja | Henning | 4 | W40 | SV Turbine Neubrandenburg | 00:53:04 |
| 94 | | 19 | 343 | Antje | Weidlich | 1 | W55 | SSV Binz | 00:53:09 |
| 95 | 76 | | 125 | Karsten | Schwabe | 13 | M40 | | 00:53:18 |
| 96 | 77 | | 126 | Jens | Hölzig | 13 | M45 | | 00:53:30 |
| 97 | 78 | | 40 | Torsten | Burchert | 7 | M50 | | 00:53:32 |
| 98 | | 20 | 9 | Sandy | Asmussen | 2 | W35 | | 00:53:33 |
| 99 | 79 | | 85 | Carsten | Galle | 14 | M45 | Laufgruppe Broda Konsum | 00:53:36 |
| 100 | 80 | | 81 | Egbert | Frommhold | 2 | M65 | Goslar | 00:53:37 |
| 101 | | 21 | 82 | Gabriele | Frommhold | 4 | W60 | Goslar | 00:53:38 |
| 102 | | 22 | 333 | Juliane | Wormsbächer | 2 | W30 | FHSG Stralsund | 00:53:40 |
| 103 | 81 | | 290 | André | Schneider | 14 | M40 | LG Löbnitz / Sachsen | 00:53:48 |
| 104 | 82 | | 2070 | Matthias | Klein | 8 | M30 | Bundeswehr | 00:53:49 |
| 105 | 83 | | 88 | Martin | Gehrke | 9 | M30 | | 00:53:56 |
| 106 | 84 | | 269 | Michael | Rudolf | 15 | M45 | TSV BINZ 27 e.V | 00:53:58 |
| 107 | | 23 | 325 | Karin | Taraba | 2 | W55 | RTC Bernburger Bären | 00:53:59 |
| 108 | 85 | | 255 | Carsten | Richter | 8 | M50 | | 00:54:00 |
| 109 | | 24 | 245 | Renate | Friedrichs | 1 | W | | 00:54:03 |
| 110 | 86 | | 49 | Gunther | Dietrich | 16 | M45 | | 00:54:07 |
| 111 | 87 | | 328 | Heinz | Thiemann | 2 | M70 | Bernauer Lauffreunde | 00:54:11 |
| 112 | 88 | | 61 | Michael | Engel | 9 | M50 | | 00:54:12 |
| 113 | 89 | | 25 | Reinhard | Berg | 5 | M60 | | 00:54:16 |
| 114 | | 25 | 80 | Christine | Frohnert | 2 | W50 | | 00:54:21 |
| 115 | | 26 | 12 | Andrea | Bahrtdt | 7 | W45 | | 00:54:22 |
| 116 | | 27 | 147 | Mandy | Kiel | 5 | W40 | Ohrekicker Wolmirstedt | 00:54:29 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|----|-----|----------------|------------|----------|--------|---------------------|----------|
| 117 | | 28 | 218 | Franka | Müller | 8 | W45 | | 00:54:36 |
| 118 | 90 | | 28 | Jörg | Berndt | 10 | M50 | | 00:54:39 |
| 119 | 91 | | 153 | Andreas | Klug | 17 | M45 | SV Rambin | 00:54:42 |
| 120 | 92 | | 151 | Michael | Kleppe | 2 | M | Atrium am Meer | 00:54:47 |
| 121 | 93 | | 189 | Johannes-Janes | Lantz | 3 | M | Atrium am Meer | 00:54:49 |
| 122 | 94 | | 239 | Roland | Petersen | 18 | M45 | | 00:54:51 |
| 123 | | 29 | 332 | Katja | Tomuschat | 3 | W35 | | 00:54:57 |
| 124 | 95 | | 357 | Friedmar | Zerbe | 1 | M75 | Atrium am Meer | 00:54:57 |
| 125 | 96 | | 184 | Stephan | Küthe | 6 | M55 | TVE Netphen | 00:55:01 |
| 126 | 97 | | 263 | Michael | Rohde | 19 | M45 | Rujana Sharks | 00:55:03 |
| 127 | 98 | | 71 | Jonas | Fischer | 4 | MJ U20 | | 00:55:08 |
| 128 | | 30 | 33 | Peggy | Borkowska | 3 | W30 | | 00:55:08 |
| 129 | | 31 | 351 | Katerina | Radlova | 4 | W35 | | 00:55:09 |
| 130 | 99 | | 188 | Jörn | Lantz | 11 | M50 | Atrium am Meer | 00:55:11 |
| 131 | 100 | | 200 | Edward A. | Lodge III. | 4 | M | | 00:55:11 |
| 132 | | 32 | 284 | Nadine | Schlatzke | 4 | W30 | | 00:55:20 |
| 133 | 101 | | 206 | Robert | Lorenz | 5 | M | | 00:55:24 |
| 134 | 102 | | 30 | Gerhard | Bischoff | 3 | M65 | | 00:55:27 |
| 135 | 103 | | 319 | Heiko | Sterzer | 20 | M45 | | 00:55:31 |
| 136 | | 33 | 107 | Stephi | Heise | 3 | W50 | | 00:55:45 |
| 137 | | 34 | 84 | Sybille | Funk | 4 | W50 | TSV BINZ 27 e.V | 00:55:52 |
| 138 | | 35 | 55 | Franziska | Draeger | 5 | W35 | | 00:55:57 |
| 139 | | 36 | 254 | Eike | Reppien | 9 | W45 | | 00:55:58 |
| 140 | 104 | | 226 | Eberhard | Neumann | 4 | M65 | | 00:56:03 |
| 141 | 105 | | 298 | Stefan | Schulz | 17 | M35 | | 00:56:04 |
| 142 | | 37 | 297 | Sandra | Schulz | 6 | W35 | | 00:56:04 |
| 143 | | 38 | 2 | Andrea | Althaus | 10 | W45 | | 00:56:07 |
| 144 | 106 | | 258 | Wolfgang | Riedel | 7 | M55 | | 00:56:08 |
| 145 | 107 | | 292 | Jaromir | Schneider | 8 | M55 | | 00:56:09 |
| 146 | 108 | | 72 | Ralph | Fischer | 9 | M55 | | 00:56:15 |
| 147 | | 39 | 167 | Marina | Kormann | 11 | W45 | | 00:56:15 |
| 148 | 109 | | 365 | Thomas | Albrecht | 15 | M40 | LT Bernd Hübner | 00:56:16 |
| 149 | 110 | | 253 | Sven | Krethnow | 21 | M45 | | 00:56:17 |
| 150 | 111 | | 56 | Lars | Dräger | 10 | M30 | | 00:56:22 |
| 151 | 112 | | 90 | Matthias | Grafe | 6 | M | | 00:56:23 |
| 152 | | 40 | 70 | Kathrin | Fiedler | 7 | W35 | | 00:56:24 |
| 153 | | 41 | 155 | Kathrin | Kochale | 5 | W30 | | 00:56:25 |
| 154 | 113 | | 367 | Rene | Brandt | 16 | M40 | | 00:56:28 |
| 155 | 114 | | 232 | Mike | Nöldge | 22 | M45 | | 00:56:28 |
| 156 | | 42 | 320 | Cathleen | Stettnisch | 8 | W35 | TSV Motor Adlershof | 00:56:34 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|----|------|-------------|--------------|----------|--------|-------------------------------|----------|
| 157 | | 43 | 175 | Uta | Krüger | 5 | W50 | | 00:56:35 |
| 158 | | 44 | 73 | Dorit | Flucke | 6 | W50 | SV HK Stralsund | 00:56:36 |
| 159 | 115 | | 154 | Lars | Knebel | 17 | M40 | | 00:56:38 |
| 160 | 116 | | 243 | Udo | Plettner | 5 | M65 | LG Hopfen Schackensleben e.V. | 00:56:39 |
| 161 | | 45 | 50 | Constanze | Dittmann | 6 | W40 | Atrium am Meer | 00:56:45 |
| 162 | 117 | | 136 | Alexander | Ihde | 18 | M35 | Taekwondo Bergen | 00:56:47 |
| 163 | | 46 | 148 | Manja | Klahre | 7 | W40 | | 00:56:47 |
| 164 | 118 | | 35 | Holger | Brinkschulte | 12 | M50 | TSV Dinkelsbühl e.V. | 00:57:00 |
| 165 | 119 | | 121 | Thomas | Hertel | 10 | M55 | | 00:57:01 |
| 166 | | 47 | 120 | Silvia | Hertel | 5 | W60 | | 00:57:01 |
| 167 | | 48 | 67 | Gesine | Erpel | 3 | W55 | | 00:57:10 |
| 168 | 120 | | 202 | Ingo | Löbner | 11 | M55 | TSV Karlshorst | 00:57:11 |
| 169 | | 49 | 212 | Manuela | Meincke | 9 | W35 | Lidl Rostock | 00:57:14 |
| 170 | | 50 | 168 | Karin | Kortus | 1 | W75 | De Heidehoppers Rostock | 00:57:15 |
| 171 | | 51 | 327 | Anja | Tews | 12 | W45 | TSV Schönberg | 00:57:18 |
| 172 | 121 | | 69 | Ronny | Ewert | 18 | M40 | | 00:57:26 |
| 173 | | 52 | 93 | Antje | Grote | 8 | W40 | Kornkäfer Luckau | 00:57:27 |
| 174 | 122 | | 266 | Karsten | Rothe | 13 | M50 | | 00:57:29 |
| 175 | | 53 | 364 | Carmen | Unger | 4 | W55 | SV Burghardtgrün | 00:57:34 |
| 176 | 123 | | 169 | Peter | Kortus | 2 | M75 | De Heidehoppers Rostock | 00:57:44 |
| 177 | | 54 | 157 | Janett | Köhler | 6 | W30 | HSV Neubrandenburg | 00:57:46 |
| 178 | | 55 | 2130 | Juliane | Schiersch | 7 | W30 | | 00:57:48 |
| 179 | | 56 | 191 | Cirsten | Liedtke | 13 | W45 | TSV Karlshorst | 00:57:49 |
| 180 | | 57 | 201 | Gaby | Löbner | 14 | W45 | TSV Karlshorst | 00:57:50 |
| 181 | 124 | | 16 | Thomas | Lüken | 12 | M55 | Lauffreunde Löningen | 00:57:50 |
| 182 | 125 | | 282 | Jürgen | Schelze | 13 | M55 | Lauffreunde Löningen | 00:57:50 |
| 183 | | 58 | 66 | Cecilia | Erpel | 2 | W | | 00:57:58 |
| 184 | 126 | | 326 | Hans-Georg | Taubert | 3 | M70 | SV HK Stralsund | 00:58:09 |
| 185 | | 59 | 142 | Bärbel | Kämpfer | 5 | W55 | SV HK Stralsund | 00:58:11 |
| 186 | | 60 | 32 | Monika | Blank | 7 | W50 | Laufteam Atemlos | 00:58:12 |
| 187 | 127 | | 215 | Armin | Minkner | 14 | M55 | | 00:58:18 |
| 188 | | 61 | 97 | Anja | Gyra | 10 | W35 | | 00:58:26 |
| 189 | | 62 | 190 | Gabi | Leonhardt | 9 | W40 | | 00:58:26 |
| 190 | 128 | | 156 | Hans-Jürgen | Köhler | 4 | M70 | Team Oberhavel e.V. | 00:58:28 |
| 191 | 129 | | 38 | Justus | Bruse | 7 | MJ U16 | Rehnaer SV | 00:58:33 |
| 192 | | 63 | 92 | Nadine | Graßmel | 11 | W35 | | 00:58:41 |
| 193 | | 64 | 235 | Heike | Panniger | 15 | W45 | | 00:58:42 |
| 194 | | 65 | 108 | Uta | Heldt | 8 | W50 | Cold-Nose Runners | 00:58:52 |
| 195 | | 66 | 356 | Tanja | Zeit | 3 | W | | 00:58:58 |
| 196 | | 67 | 89 | Silke | Göttsche | 16 | W45 | SV Turbine Neubrandenburg | 00:59:10 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|----|-----|--------------|------------|----------|--------|------------------------------|----------|
| 197 | 130 | | 244 | Konrad | Ponndorf | 5 | M70 | Atrium am Meer | 00:59:13 |
| 198 | 131 | | 334 | Eggert | Tony | 7 | M | Rettungsdienst | 00:59:16 |
| 199 | | 68 | 144 | Corinna | Kassner | 9 | W50 | | 00:59:23 |
| 200 | 132 | | 342 | Heiko | Weck | 23 | M45 | | 00:59:28 |
| 201 | | 69 | 268 | Steffi | Ruben-Weck | 10 | W50 | | 00:59:28 |
| 202 | 133 | | 5 | Nils | Andrae | 8 | MJ U16 | | 00:59:30 |
| 203 | 134 | | 213 | Horst | Metzger | 6 | M70 | TSG Bau Hammerbrücke | 00:59:30 |
| 204 | | 70 | 349 | Beatrix | Wilke | 17 | W45 | Laufteam Atemlos | 00:59:55 |
| 205 | | 71 | 4 | Martina | Andrae | 10 | W40 | | 00:59:56 |
| 206 | | 72 | 52 | Ulrike | Domann | 11 | W40 | | 00:59:57 |
| 207 | | 73 | 341 | Anja | Walczak | 12 | W40 | | 00:59:57 |
| 208 | 135 | | 252 | Michael | Remke | 15 | M55 | Atrium am Meer | 01:00:03 |
| 209 | | 74 | 229 | Daniela | Niebisch | 13 | W40 | | 01:00:05 |
| 210 | | 75 | 340 | Theresa | Völker | 8 | W30 | | 01:00:05 |
| 211 | 136 | | 350 | Michael Lee | Williams | 11 | M30 | | 01:00:10 |
| 212 | | 76 | 29 | Diana | Becker-Rux | 14 | W40 | Laufgruppe Diana&Friends | 01:00:10 |
| 213 | 137 | | 353 | Mathias | Woithe | 14 | M50 | | 01:00:16 |
| 214 | 138 | | 146 | Tobias | Kiekbusch | 8 | M | Atrium am Meer | 01:00:20 |
| 215 | 139 | | 161 | Thomas | Weber | 24 | M45 | | 01:00:21 |
| 216 | | 77 | 109 | Sylvia | Heller | 18 | W45 | Welzow | 01:00:27 |
| 217 | 140 | | 173 | Alexander B. | Krause | 16 | M55 | | 01:00:29 |
| 218 | | 78 | 78 | Birgit | Frömer | 11 | W50 | Atrium am Meer | 01:00:30 |
| 219 | 141 | | 76 | Wolfgang | Frick | 6 | M60 | | 01:00:33 |
| 220 | 142 | | 337 | Thilo | Ullrich | 9 | M | | 01:00:38 |
| 221 | 143 | | 138 | Markus | Janssen | 25 | M45 | Atrium am Meer | 01:00:40 |
| 222 | | 79 | 6 | Sarah | Andree | 4 | W | | 01:00:46 |
| 223 | 144 | | 309 | Hans-Peter | Spychala | 7 | M60 | | 01:01:15 |
| 224 | | 80 | 101 | Iris | Hantel | 19 | W45 | Hoitlinger SV | 01:01:16 |
| 225 | 145 | | 318 | Heiko | Steinhage | 26 | M45 | | 01:01:20 |
| 226 | 146 | | 242 | Jürgen | Pilat | 8 | M60 | Hundesportverein Bad Doberan | 01:01:22 |
| 227 | 147 | | 205 | Peter | Lorenz | 17 | M55 | | 01:01:23 |
| 228 | | 81 | 31 | Lore | Bischoff | 1 | W65 | | 01:01:24 |
| 229 | 148 | | 241 | Michael | Pietsch | 9 | M60 | | 01:01:31 |
| 230 | | 82 | 60 | Manuela | Engel | 12 | W50 | | 01:01:33 |
| 231 | | 83 | 227 | Ingrid | Neumann | 6 | W60 | | 01:01:34 |
| 232 | | 84 | 199 | Sylvia | Lipke | 12 | W35 | | 01:01:36 |
| 233 | 149 | | 150 | Jörg | Klein | 18 | M55 | | 01:01:54 |
| 234 | 150 | | 58 | Jeffrey | Düwell | 10 | M | Rujana Sharks | 01:02:01 |
| 235 | | 85 | 39 | Sandra | Büttner | 5 | W | Rujana Sharks | 01:02:02 |
| 236 | 151 | | 100 | Andreas | Koch | 19 | M55 | | 01:02:02 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|-----|------|-------------|----------------|----------|--------|-------------------------------|----------|
| 237 | | 86 | 79 | Kathrin | Mertens | 13 | W35 | | 01:02:24 |
| 238 | | 87 | 314 | Rebekka | Staub | 6 | W | | 01:02:24 |
| 239 | | 88 | 140 | Dana | Juhnke | 14 | W35 | | 01:02:25 |
| 240 | | 89 | 278 | Sabine | Sauer-Wiegand | 6 | W55 | | 01:02:35 |
| 241 | | 90 | 338 | Manuela | van Meeteren | 15 | W35 | SV Turbine Neubrandenburg | 01:02:36 |
| 242 | | 91 | 177 | Birgit | Krühne | 7 | W55 | SV Turbine Neubrandenburg | 01:02:36 |
| 243 | | 92 | 346 | Madeleine | Wessel-Rossow | 16 | W35 | Cold-Nose Runners | 01:02:51 |
| 244 | | 93 | 250 | Carmen | Prinz | 20 | W45 | | 01:02:52 |
| 245 | | 94 | 18 | Anke | Barth-Zoubairi | 21 | W45 | | 01:02:53 |
| 246 | 152 | | 238 | Uwe | Patzelt | 15 | M50 | Rennsteiglaufverein | 01:02:57 |
| 247 | | 95 | 363 | Katja | Löhnwitz | 15 | W40 | | 01:02:59 |
| 248 | | 96 | 260 | Alexandra | Rößler | 17 | W35 | | 01:03:01 |
| 249 | | 97 | 130 | Verena | Horn | 18 | W35 | Taekwondo Bergen | 01:03:33 |
| 250 | 153 | | 51 | Jörg | Dittmann | 10 | M60 | Atrium am Meer | 01:03:35 |
| 251 | | 98 | 59 | Thordis | Ehresmann | 16 | W40 | Atrium am Meer | 01:03:42 |
| 252 | 154 | | 321 | Klaus | Straubing | 6 | M65 | | 01:03:46 |
| 253 | 155 | | 62 | Michael | Engelbrecht | 20 | M55 | MTV Jever | 01:03:48 |
| 254 | | 99 | 171 | Grit | Kowollik | 22 | W45 | | 01:03:51 |
| 255 | | 100 | 180 | Sonja | Kruse | 8 | W55 | Laufteam Atemlos | 01:04:00 |
| 256 | | 101 | 299 | Rena | Schuncke | 17 | W40 | | 01:04:04 |
| 257 | 156 | | 116 | Jan | Herbring | 19 | M40 | | 01:04:08 |
| 258 | 157 | | 141 | Mirko | Juhnke | 19 | M35 | | 01:04:09 |
| 259 | 158 | | 46 | Dirk | Dibbern | 11 | M60 | SV Enge- Sande | 01:04:16 |
| 260 | | 102 | 118 | Sandra | Hermecke | 18 | W40 | LG Hopfen Schackensleben e.V. | 01:04:27 |
| 261 | 159 | | 178 | Markus | Prasdorf | 20 | M40 | | 01:04:40 |
| 262 | | 103 | 366 | Ramona | Redepenning | 19 | W40 | | 01:04:41 |
| 263 | | 104 | 214 | Ursula | Metzger | 9 | W55 | | 01:04:49 |
| 264 | 160 | | 2222 | Maik | Röhricht | 20 | M35 | Cityrunner Berlin | 01:04:49 |
| 265 | | 105 | 182 | Manuela | Kuck | 10 | W55 | | 01:05:07 |
| 266 | 161 | | 236 | Gerd | Parakenings | 21 | M55 | | 01:05:12 |
| 267 | | 106 | 19 | Petra | Bartz | 13 | W50 | Team Oberhavel e.V. | 01:05:14 |
| 268 | 162 | | 306 | Stefan | Sikora | 16 | M50 | Team Erdinger Alkoholfrei | 01:05:44 |
| 269 | | 107 | 48 | Stefanie | Dibbern | 14 | W50 | SV Enge- Sande | 01:05:48 |
| 270 | | 108 | 272 | Alina | Salchow | 1 | WJ U16 | | 01:05:50 |
| 271 | 163 | | 20 | Andreas | Becker | 21 | M35 | | 01:05:54 |
| 272 | | 109 | 95 | Jasmin | Tiede | 20 | W40 | | 01:06:05 |
| 273 | | 110 | 196 | Anja | Lingenberg | 23 | W45 | | 01:06:44 |
| 274 | | 111 | 77 | Daniela | Ehrich | 21 | W40 | | 01:07:15 |
| 275 | | 112 | 187 | Dörte | Lantz | 15 | W50 | Atrium am Meer | 01:07:18 |
| 276 | | 113 | 104 | Marie-Luise | Heinich | 7 | W | Laufgruppe Diana&Friends | 01:07:24 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|-----|-----|------------|---------------|----------|-----|--------------------------|----------|
| 277 | 164 | | 21 | Chris | Becker | 11 | M | Laufgruppe Diana&Friends | 01:07:25 |
| 278 | | 114 | 251 | Christine | Raczka | 9 | W30 | | 01:07:29 |
| 279 | 165 | | 324 | Marcel | Süße | 12 | M30 | | 01:07:30 |
| 280 | 166 | | 152 | Hans | Welge | 3 | M75 | VFL Tegel | 01:08:07 |
| 281 | 167 | | 347 | Rainer | Wienecke | 22 | M55 | TSV Schönberg | 01:08:18 |
| 282 | 168 | | 14 | Manfred | Bartels | 4 | M75 | Bernauer Lauffreunde | 01:09:03 |
| 283 | 169 | | 119 | Falko | Herrmann | 7 | M70 | SV Hanse Klinikum | 01:09:14 |
| 284 | | 115 | 225 | Nicole | Nentwich | 16 | W50 | Team Oberhavel e. V. | 01:09:23 |
| 285 | | 116 | 166 | Jana | Korb | 24 | W45 | | 01:09:36 |
| 286 | 170 | | 8 | Marcus | Arndt | 12 | M | Atrium am Meer | 01:09:45 |
| 287 | | 117 | 198 | Christine | Linkert | 11 | W55 | | 01:09:46 |
| 288 | | 118 | 310 | Alexandra | Stahnke | 8 | W | | 01:09:56 |
| 289 | | 119 | 124 | Gesine | Hinz | 17 | W50 | | 01:09:59 |
| 290 | | 120 | 17 | Kerstin | Köhler | 12 | W55 | Team Oberhavel e.V. | 01:10:00 |
| 291 | | 121 | 194 | Karin | Lindemann | 13 | W55 | | 01:10:06 |
| 292 | 171 | | 98 | André | Hacker | 21 | M40 | | 01:10:12 |
| 293 | | 122 | 288 | Martina | Schmidt | 18 | W50 | Cityrunner Berlin | 01:10:20 |
| 294 | | 123 | 313 | Susanne | Starkenber | 19 | W35 | | 01:10:45 |
| 295 | | 124 | 224 | Theres | Nägler | 7 | W60 | | 01:10:56 |
| 296 | | 125 | 163 | Bianca | Koppe | 22 | W40 | | 01:11:04 |
| 297 | | 126 | 132 | Ines | Heidler | 19 | W50 | | 01:11:12 |
| 298 | | 127 | 170 | Ulrike | Kossert | 10 | W30 | | 01:11:13 |
| 299 | 172 | | 105 | Carsten | Heinrich | 17 | M50 | Rennschnecken | 01:11:44 |
| 300 | | 128 | 193 | Jenny | Lindemann | 9 | W | | 01:12:03 |
| 301 | 173 | | 285 | Jörg | Schliephake | 23 | M55 | | 01:12:07 |
| 302 | | 129 | 339 | Claudia | Verbeck | 10 | W | | 01:12:22 |
| 303 | | 130 | 359 | Christiane | Zimmermann | 20 | W35 | Kornkäfer Luckau | 01:12:28 |
| 304 | | 131 | 174 | Brigitte | Krüger | 8 | W60 | SV scn energy Torgelow | 01:12:31 |
| 305 | 174 | | 158 | Martin | Köhn | 13 | M30 | Taekwondo Bergen | 01:12:41 |
| 306 | | 132 | 294 | Simone | Schönemann | 14 | W55 | SV Eintracht Immekath | 01:12:47 |
| 307 | | 133 | 277 | Angela | Salden | 11 | W | | 01:13:01 |
| 308 | | 134 | 10 | Angelika | Bäcker | 20 | W50 | Atrium am Meer | 01:13:20 |
| 309 | | 135 | 289 | Kerstin | Schmietendorf | 25 | W45 | Atrium am Meer | 01:13:20 |
| 310 | | 136 | 143 | Andrea | Kaminski | 23 | W40 | | 01:13:32 |
| 311 | | 137 | 115 | Anja | Herbring | 11 | W30 | | 01:14:28 |
| 312 | 175 | | 129 | Michael | Holz | 24 | M55 | TSV Schönberg | 01:15:24 |
| 313 | | 138 | 128 | Margitta | Holz | 21 | W50 | TSV Schönberg | 01:15:24 |
| 314 | | 139 | 316 | Diana | Stegemann | 26 | W45 | Atrium am Meer | 01:15:37 |
| 315 | 176 | | 42 | Andreas | Clemens | 13 | M | | 01:15:41 |
| 316 | | 140 | 301 | Karin | Schwartz | 22 | W50 | Atrium am Meer | 01:15:51 |

| Platz | M | W | Nr. | Vorname | Nachname | AK-Platz | AK | Verein | Brutto |
|-------|-----|-----|-----|------------|-------------------|----------|--------|-------------------------------|----------|
| 317 | | 141 | 286 | Kerstin | Schliephake | 23 | W50 | | 01:15:51 |
| 318 | | 142 | 257 | Silke | Richter | 21 | W35 | Citylauf-Verein Dresden | 01:15:52 |
| 319 | | 143 | 352 | Petra | Woitge | 24 | W40 | TSV BINZ 27 e.V | 01:16:36 |
| 320 | | 144 | 24 | Anja | Beeskow | 22 | W35 | | 01:16:37 |
| 321 | 177 | | 209 | Peter | Malischewsky | 8 | M70 | USV Jena | 01:16:37 |
| 322 | | 145 | 275 | Nadine | Salchow | 23 | W35 | | 01:16:53 |
| 323 | | 146 | 220 | Maria | Müller | 12 | W30 | Team Kap Arkona | 01:17:30 |
| 324 | | 147 | 111 | Katja | Röhricht | 24 | W35 | Cityrunner Berlin | 01:17:52 |
| 325 | 178 | | 274 | Sascha | Grassow | 22 | M35 | Laufgruppe Diana&Friends | 01:19:02 |
| 326 | | 148 | 86 | Melanie | Patzig | 25 | W35 | | 01:19:03 |
| 327 | | 149 | 43 | Bettina | Clemens | 12 | W | | 01:20:51 |
| 328 | 179 | | 345 | Thomas | Weißel | 18 | M50 | | 01:20:51 |
| 329 | | 150 | 134 | Cornelia | Hünecke | 15 | W55 | | 01:21:14 |
| 330 | 180 | | 160 | Isaak | Köpp | 5 | MJ U20 | | 01:22:14 |
| 331 | | 151 | 222 | Marianne | Ullrich | 13 | W | | 01:22:14 |
| 332 | | 152 | 137 | Henriette | Jaensch | 26 | W35 | Team Kap Arkona | 01:23:45 |
| 333 | 181 | | 329 | Karl-Heinz | Thole | 12 | M60 | Lauffreunde Lönigen | 01:25:24 |
| 334 | | 153 | 296 | Petra | Schulz | 9 | W60 | LG Hopfen Schackensleben e.V. | 01:27:09 |
| 335 | | 154 | 7 | Thesy | Thesenvitz-Weiske | 16 | W55 | | 01:33:07 |