



## 24. Ratzeburger Adventslauf

01. Dezember 2013

### Ergebnis M / W - gesamt

Lauf um den Kuchensee  
( 7,3 Km )

#### Lauf um den Kuchensee M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
1	2176	00:23:54	Franzen	Klaas	Intersport Mauritz Race Team	GER-SH	M-HK	00:23:54	1
2	2040	00:24:01	Bergemann	Stephan	TSV Bargteheide Triathlon	GER-SH	M-35	00:23:56	1
3	2553	00:25:04	Schimbus	Uwe		GER-SH	M-40	00:25:00	1
4	2349	00:25:57	Kühne	Michael	Intersport Mauritz Race Team	GER-SH	M-45	00:25:53	1
5	2604	00:26:14	Sonnenburg	Tim	Ratzeburger SV-Triathlon	GER-SH	M-HK	00:26:08	2
6	2038	00:26:21	Bennert	David	TRIAS Bad Schwartau	GER-SH	M-45	00:26:15	2
7	2476	00:26:22	Pfaffenbach	Jonas	TSG Bergedorf	GER-SH	M-HK	00:26:18	3
8	2720	00:26:59	Wong	Denny	LBV Phönix Lübeck		M-HK	00:26:55	4
9	2154	00:27:11	Ehlers	Benjamin	TH Eilbeck	GER-SH	M-35	00:27:06	2
10	2285	00:27:19	Jacobsen	Thilo	Tri Michels Hamburg	GER-HAM	M-40	00:27:14	2
11	2497	00:27:22	Rasche	Dirk		GER-SH	M-40	00:27:17	3
12	2366	00:28:06	Lierow	Wolfgang	OTTO aktiv-sport	GER-SH	M-40	00:28:02	4
13	2385	00:28:10	Lucht	Jan-Patrick	TRIAS Bad Schwartau	GER-SH	M-JU16	00:28:05	1
14	2473	00:28:14	Peters	Dirk	Intersport Mauritz Race Team	GER-SH	M-45	00:28:14	3
15	2205	00:28:18	Greinert	Dennis	LT Liensfeld	GER-SH	M-35	00:28:18	3
16	2746	00:28:22	Oldenburg	Dirk		GER-SH	M-35	00:28:16	4
17	2141	00:28:29	Dose	Karsten	SV Fortuna Bösdorf	GER-SH	M-45	00:28:22	4
18	2732	00:28:33	Zeyse	Samuel	Hamburger SV	GER-SH	M-HK	00:28:26	5
19	2060	00:28:38	Blöcher	Martin	Team novomind	GER-SH	M-50	00:28:33	1
20	2323	00:28:47	Koch	Nico		GER-HAM	M-JU16	00:28:41	2
21	2483	00:28:55	Plambeck	Lutz	Airbus SG Hamburg	GER-HAM	M-50	00:28:47	2
22	2623	00:28:57	Stolte	Rüdiger		GER-MVP	M-HK	00:28:50	6
23	2249	00:29:07	Hess	Daniel	TRIAS Bad Schwartau	GER-SH	M-JU16	00:29:01	3
24	2637	00:29:15	Suse	Hans-Werner	Team Erdinger Alkoholfrei	GER-MVP	M-55	00:29:10	1
25	2429	00:29:31	Mühlberger	Nils		GER-SH	M-30	00:29:27	1
26	2298	00:29:37	Kahl	Dennis	Blau-Weiß 96 Schenefeld	GER-SH	M-45	00:29:31	5
27	2700	00:29:51	Wiersbinski	Tim		GER-HAM	M-30	00:29:42	2
28	2518	00:29:55	Rockstroh	Roland	Möllner SV	GER-SH	M-45	00:29:49	6
29	2064	00:29:58	Bogenhagen	René		GER-SH	M-HK	00:29:52	7
30	2225	00:30:35	Hardrath	Markus	TRIAS Bad Schwartau	GER-SH	M-40	00:30:26	5
31	2657	00:31:03	Tonn	Matthias	TRIAS Bad Schwartau	GER-SH	M-50	00:30:52	3
32	2369	00:31:03	Lindner	Patric		GER-HAM	M-45	00:30:56	7
33	2009	00:31:06	Aniol	Hans-Peter	TSV Ratekau	GER-SH	M-60	00:31:01	1
34	2277	00:31:08	Hüllweck	Lucas Christoph	Möllner SV	GER-SH	M-JU14	00:31:01	1
35	2362	00:31:15	Leonhardt	Frank	LG Schwerin	GER-MVP	M-45	00:31:04	8
36	2234	00:31:17	Heidenreich	Markus	TRIAS Bad Schwartau	GER-SH	M-45	00:31:07	9
37	2361	00:31:19	Lehmann	Klaus	Intersport Mauritz Race Team	GER-SH	M-35	00:31:12	5
38	2146	00:31:37	Dudda	Robin	TVBW Ratzebeburg	GER-SH	M-JU18	00:31:29	1
39	2383	00:31:46	Loth	Henning	Lübecker SC	GER-SH	M-40	00:31:02	6
40	2314	00:31:53	Klemens	Oliver		GER-SH	M-30	00:31:34	3
41	2407	00:32:10	Matthews	Felix	Ratzeburger SV-Triathlon	GER-SH	M-JU16	00:32:03	4

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## Lauf um den KÜchensee ( 7,3 Km )

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
42	2301	00:32:11	Kaletzki	Norbert	LG Schwerin		M-60	00:31:59	2
43	2386	00:32:13	Lucht	Joachim	TRIAS Bad Schwartau	GER-SH	M-50	00:32:03	4
44	2607	00:32:15	Staeher	Andreas	TSV Trittau	GER-SH	M-45	00:32:10	10
45	2549	00:32:25	Schieweck	Andreas	BW 96	GER-SH	M-50	00:32:18	5
46	2098	00:32:27	Buck	Christoph		GER-SH	M-HK	00:32:27	8
47	2520	00:32:35	Pacheco	Rodrigo	Triabolos Hamburg e.V.	GER-HAM	M-30	00:32:26	4
48	2450	00:32:43	Nuppnau	Moritz	BBZ Mölln	GER-SH	M-JU18	00:32:33	2
49	2485	00:32:53	Poch	Norbert	Ratzeburger SV-Triathlon	GER-SH	M-45	00:32:45	11
50	2484	00:33:08	Poch	Alexander	Ratzeburger SV	GER-SH	M-JU16	00:33:01	5
51	2232	00:33:10	Hedke	Tim	asics Team	GER-SH	M-JU18	00:33:00	3
52	2145	00:33:12	Dudda	Henri	TVBW Ratzebeburg	GER-SH	M-JU14	00:33:03	2
53	2166	00:33:29	Feilke	Sebastian		GER-SH	M-30	00:33:11	5
54	2413	00:33:33	Meier	Lukas	Lübeck 1876	GER-SH	M-JA	00:33:10	1
55	2051	00:33:34	Bieletzki	Albert	Gymnasium Gadebusch	GER-MVP	M-JA	00:33:13	2
56	2745	00:33:37	Behrndt	Uwe		GER-SH	M-40	00:33:06	7
57	2470	00:33:40	Peter	Stefan		GER-HAM	M-30	00:33:40	6
58	2231	00:33:41	Hedke	Olaf	asics Team	GER-SH	M-45	00:33:31	12
59	2408	00:33:44	Matthews	Philip	Ratzeburger SV-Triathlon	GER-SH	M-JU16	00:33:37	6
60	2258	00:33:47	Hoffmann	Kai	Turnerbund HAMBURG EILBECK	GER-SH	M-50	00:33:24	6
61	2345	00:33:47	Kronbügel	Andreas		GER-SH	M-50	00:33:36	7
62	2023	00:33:57	Bauer	Steffen		GER-SH	M-35	00:33:44	6
63	2748	00:34:05	Kaufmann	Sebastian	Triabolos Hamburg e.V.	GER-HAM	M-30	00:33:55	7
64	2471	00:34:11	Trenkler	Peter	Zarrentin	GER-MVP	M-45	00:34:00	13
65	2142	00:34:12	Bozyakali	Dr. Can	Philips LG Hamburg	GER-HAM	M-35	00:34:07	7
66	2354	00:34:15	Landgraeber	Michael	AMTV Hamburg	GER-HAM	M-65	00:34:09	1
67	2324	00:34:16	Koch	Phil		GER-HAM	M-JU14	00:34:08	3
68	2315	00:34:20	Klemmer	Jannic	BBZ Mölln	GER-SH	M-JU18	00:34:12	4
69	2712	00:34:21	Wohs	Lennart	TC Büchen	GER-SH	M-JU16	00:34:12	7
70	2106	00:34:22	Buschow	Christopher		GER-SH	M-HK	00:34:14	9
71	2466	00:34:22	Peeck	Maximilian	Lübeck 1876	GER-SH	M-JU18	00:34:03	5
72	2524	00:34:28	Romanko	Markus	Freiwillige Feuerwehr Böbs	GER-SH	M-45	00:34:14	14
73	2708	00:34:32	Witte	Paul		GER-SH	M-JA	00:34:12	3
74	2552	00:34:33	Schiffer	Christian	Möllner SV	GER-SH	M-JU18	00:33:51	6
75	2016	00:34:37	Balcke	Andreas		GER-HAM	M-45	00:33:56	15
76	2044	00:34:50	Beringer	Hans-Werner	TRIAS Bad Schwartau	GER-SH	M-55	00:34:36	2
77	2257	00:34:58	Hintz	Sebastian		GER-SH	M-35	00:34:51	8
78	2711	00:34:59	Wohs	Joachim	TC Büchen	GER-SH	M-50	00:34:49	8
79	2642	00:35:06	Tempel	Oliver	Männer-WG	GER-SH	M-HK	00:34:20	10
80	2441	00:35:09	Niemeyer	Thorben	Lübeck 1876	GER-SH	M-JU18	00:34:50	7
81	2646	00:35:15	Thaens	Jannik		GER-SH	M-JU16	00:34:46	8
82	2075	00:35:21	Braun	Keena	Fortuna Bösdorf	GER-SH	M-45	00:35:12	16
83	2514	00:35:34	Rinke	Manfred	Laufftreff-Sachsenwald	GER-SH	M-55	00:35:21	3
84	2674	00:35:42	Vowie	Kai	Lübeck	GER-SH	M-HK	00:34:54	11
85	2578	00:35:48	Schultz	Lasse-Jendris	SV Burgsee Schwerin	GER-MVP	M-KU12	00:35:37	1
86	2061	00:35:51	Bobzin	Stefan		GER-HAM	M-45	00:35:31	17
87	2365	00:35:56	Lierow	Justus	RG Uni Hamburg	GER-SH	M-JU16	00:35:51	9
88	2153	00:35:58	Eggersglüß	Jürgen			M-50	00:35:36	9
89	2556	00:36:03	Schipp	Holger	TRIAS Bad Schwartau	GER-SH	M-40	00:35:46	8
90	2364	00:36:04	Libuda	Thorsten	TRIAS Bad Schwartau	GER-SH	M-50	00:35:49	10
91	2237	00:36:14	Helle	Candy		GER-MVP	M-30	00:36:04	8
92	2050	00:36:26	Bieletzki	Aaron	SG Roggendorf 96	GER-MVP	M-KU12	00:36:01	2

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
93	2638	00:36:29	Szemkus	Torben		GER-SH	M-JU18	00:36:12	8
94	2037	00:36:38	Beneke	Andreas	FWV Vorwrts e.V	GER-HAM	M-30	00:36:03	9
95	2330	00:36:46	K�pcke	Manfred		GER-HAM	M-55	00:36:39	4
96	2733	00:36:48	Ziehmann	Gunnar		GER-SH	M-40	00:36:26	9
97	2290	00:36:49	J�ns	Peter	L�becker SC	GER-SH	M-60	00:36:33	3
98	2269	00:36:51	Horst	Hendrik		GER-SH	M-JU14	00:36:23	4
99	2284	00:36:52	Jacobsen	Bj�rn P.	Ratzeburger SV-Triathlon	GER-SH	M-45	00:36:39	18
100	2387	00:37:04	Lucht	Jonathan	TRIAS Bad Schwartau	GER-SH	M-JU14	00:36:54	5
101	2457	00:37:05	Ostendorff	Bernd	TSV Brokstedt	GER-SH	M-60	00:36:42	4
102	2126	00:37:07	Dieterich	J�rgen	TSV - Heiligenrode	GER-HES	M-45	00:36:47	19
103	2411	00:37:09	Mauritz	Marius	Intersport Mauritz Race Team	GER-SH	M-HK	00:36:52	12
104	2053	00:37:12	Bieletzki	Christoph	FFw Demern	GER-MVP	M-HK	00:36:49	13
105	2197	00:37:13	G�b	Johannes	Spiridon-Club Bad Oldesloe	GER-SH	M-50	00:36:56	11
106	2261	00:37:17	Holger	Hacker	L�beck 1876	GER-SH	M-60	00:37:06	5
107	2738	00:37:24	Zunker	Ulrich	Ratzeburger SV	GER-SH	M-60	00:37:15	6
108	2627	00:37:24	Streich	Christian		GER-MVP	M-30	00:37:24	10
109	2299	00:37:31	Kahl	Philip		GER-SH	M-JU14	00:37:21	6
110	2575	00:37:36	Schucker	Yannick	FC Sch�nberg 95	GER-MVP	M-JU14	00:36:56	7
111	2504	00:37:41	Reimer	Axel		GER-SH	M-45	00:37:24	20
112	2045	00:37:41	Bertram	Ralf	Team Open-Sports-Hamburg	GER-HAM	M-35	00:37:09	9
113	2357	00:37:41	Lattmann	Cordt-Peter	Open-Sports-Hamburg	GER-HAM	M-45	00:37:06	21
114	2288	00:37:42	Jaudszim	Ingo		GER-HAM	M-40	00:37:01	10
115	2363	00:37:43	Leutelt	Stefan	Skivereinigung SH	GER-SH	M-50	00:37:34	12
116	2609	00:37:43	Stahl	Lennart	Eimsb�ttler TV	GER-HAM	M-KU12	00:37:34	3
117	2039	00:37:48	Bergemann	Udo	RTB Remscheid Marathon-Team	GER-NRW	M-60	00:37:25	7
118	2512	00:37:51	Riebschlaeger	Frank	Laufteam Nord West Mecklenburg	GER-MVP	M-45	00:37:30	22
119	2460	00:37:51	Palt	J�rgen	Tsv Heiligenrode	GER-HES	M-75	00:37:33	1
120	2255	00:37:52	Hillemann	Tizian	RG Geesthacht	GER-SH	M-KU12	00:37:45	4
121	2737	00:37:54	Zunker	Lasse	Ratzeburger SV	GER-SH	M-HK	00:37:45	14
122	2703	00:37:55	Wietfeldt	Stefan		GER-HAM	M-45	00:37:16	23
123	2626	00:38:11	Straub	Roland	LT Kl�vensteen	GER-SH	M-65	00:37:50	2
124	2731	00:38:24	Zeyse	Johannes	Die Helden	GER-SH	M-40	00:38:16	11
125	2352	00:38:31	Kunzmann	Norbert	Team Erdinger Alkoholfrei	GER-HAM	M-55	00:37:59	5
126	2242	00:38:33	Hennig	Karsten	AllerGO!	GER-SH	M-45	00:38:02	24
127	2729	00:38:35	Zawadzki	Krzysztof		GER-SH	M-55	00:38:28	6
128	2033	00:38:39	Behrmdt	Ole		GER-SH	M-JU14	00:38:13	8
129	2348	00:38:39	Krull	Wolfgang	Sv Post Schwerin	GER-MVP	M-75	00:38:27	2
130	2250	00:38:42	Hess	Wolfgang		GER-SH	M-60	00:38:28	8
131	2647	00:38:45	Thaens	Matthis		GER-SH	M-JU14	00:38:16	9
132	2582	00:38:46	Schwarzer	Hans-Gerd	SV Grohansdorf	GER-SH	M-55	00:38:01	7
133	2102	00:38:50	Bumann	Rolf	TuS Holstein Quickborn	GER-SH	M-70	00:38:27	1
134	2469	00:38:53	Peter	Patrick	Buxtehuder SV	GER-NIE	M-JU18	00:38:27	9
135	2716	00:38:57	Wolfram	Johannes	Insellufer	GER-HAM	M-40	00:38:57	12
136	2721	00:38:57	Wruck	Carsten		GER-SH	M-45	00:38:03	25
137	2436	00:38:57	M�nstedt	Michael	Marion D�nhoff Gymnasium	GER-SH	M-JU16	00:38:40	10
138	2068	00:39:08	Borchers	Gerhard	TSV Schwarzenbek	GER-SH	M-55	00:38:50	8
139	2462	00:39:09	Paragnik	Luca		GER-SH	M-JU18	00:38:28	10
140	2461	00:39:10	Paragnik	Jorma		GER-SH	M-HK	00:38:26	15
141	2678	00:39:16	Wald	Martin	AllerGO!	GER-HAM	M-45	00:38:50	26
142	2633	00:39:23	Struck	Matthias		GER-MVP	M-55	00:39:02	9

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
143	2327	00:39:28	Kohne	Jari	Wüstung Deistorf	GER-NIE	M-JU16	00:39:17	11
144	2673	00:39:35	Voß	Kay-Friedrich	Möllner SV	GER-SH	M-55	00:39:23	10
145	2771	00:39:39	Becker	Torsten	SSV Güster	GER-SH	M-45	00:39:18	27
146	2750	00:39:43	Niemann	Markus	Auenläufer	GER-SH	M-45	00:39:08	28
147	2086	00:39:45	Brosius	Marc	Delingsdorfer SV	GER-SH	M-45	00:39:13	29
148	2278	00:39:45	Hülsmeier	Mark		GER-NIE	M-JU16	00:39:15	12
149	2459	00:39:46	Pagel	Stefan	Schaalseerunner Zarrentin	GER-MVP	M-35	00:39:31	10
150	2529	00:39:49	Rucci	Leucio	LT Barmstedt	GER-SH	M-55	00:39:21	11
151	2538	00:39:53	Saß	Jens		GER-SH	M-45	00:39:38	30
152	2152	00:39:55	Eder	Uwe	Auenläufer	GER-SH	M-55	00:39:20	12
153	2303	00:40:00	Kamrath	Gerd	Lübeck 1876	GER-SH	M-65	00:39:51	3
154	2597	00:40:00	Skroblin	Joachim	Spiridon-Club Bad Oldesloe	GER-SH	M-50	00:39:45	13
155	1341	00:40:01	Ruhlig	Thorsten	Open-Sports Hamburg	GER-SH	M-40	00:39:28	13
156	2428	00:40:02	Moschet	Ralf	Möllner SV	GER-SH	M-50	00:39:43	14
157	2280	00:40:07	Ibs	Felix		GER-HAM	M-JA	00:39:55	4
158	2172	00:40:12	Fölster	Carsten	TSV Brokstedt	GER-SH	M-55	00:39:45	13
159	2444	00:40:16	Nolte	Olaf	TSV - Heiligenrode	GER-HES	M-50	00:39:54	15
160	2180	00:40:27	Fritze	Stephan	BBZ Mölln	GER-SH	M-35	00:39:56	11
161	2274	00:40:29	Huelsmeyer	Nick		GER-NIE	M-KU12	00:39:59	5
162	2071	00:40:31	Börner	Manfred	Ratzeburger Ruderclub	GER-SH	M-55	00:39:53	14
163	2723	00:40:39	Wulf	Rüdiger	SV Dassow	GER-MVP	M-50	00:40:19	16
164	2223	00:40:41	Handke	Ulrich		GER-SH	M-45	00:39:57	31
165	2648	00:40:44	Thaens	Oliver		GER-SH	M-45	00:40:12	32
166	2414	00:40:47	Meins	Johann		GER-SH	M-45	00:40:04	33
167	2606	00:41:01	Spoddig	Peter		GER-SH	M-55	00:40:48	15
168	2698	00:41:03	Wiegels	Roger		GER-SH	M-30	00:40:35	11
169	2741	00:41:08	Roth	Tom		GER-MVP	M-JU16	00:40:37	13
170	2506	00:41:13	Reinert	Michael	TSV Trittau	GER-SH	M-55	00:40:52	16
171	2559	00:41:17	Schlüter	Kuno	Soulkitchen	GER-HAM	M-45	00:40:58	34
172	2676	00:41:18	Wagner	Stephan		GER-HAM	M-45	00:40:51	35
173	2651	00:41:21	Thiel	Karsten		GER-SH	M-35	00:40:35	12
174	2447	00:41:31	Nommensen	Peter		GER-HAM	M-65	00:41:17	4
175	2157	00:41:31	Endrukat	Dieter		GER-HAM	M-45	00:40:49	36
176	2509	00:41:32	Remmers	Immo	TSG Bergedorf	GER-HAM	M-JU16	00:41:14	14
177	2220	00:41:35	Hamdoun	Omar	BBZ-Mölln	GER-SH	M-HK	00:40:35	16
178	2557	00:41:36	Schischke	Dieter	SSV Güster	GER-SH	M-65	00:41:14	5
179	2707	00:41:39	Witte	Jakob		GER-SH	M-JU16	00:41:19	15
180	2247	00:41:45	Herrmann-Feil	Ulrich	Blau Weis 96 Schenefeld	GER-SH	M-50	00:41:03	17
181	2425	00:41:47	Mohr	Mathias	ESV Fortuna Celle (Radverein)	GER-SH	M-45	00:41:04	37
182	2164	00:41:49	Fechner	Hendrik		GER-NIE	M-35	00:41:17	13
183	2400	00:41:58	Malkomes	Willi	TSV Heiligenrode e.V.	GER-HES	M-60	00:41:30	9
184	2624	00:42:01	Stolzenbach	Ralf	Lauenburgische Gelehrtschule Ratzeburg	GER-SH	M-60	00:41:50	10
185	2667	00:42:07	Vokuhl	Hannes	BBZ-Mölln VFOST-13	GER-SH	M-HK	00:41:05	17
186	2359	00:42:08	Leckebusch	Lukas		GER-SH	M-JU18	00:41:33	11
187	2526	00:42:09	Roth	Wolfgang		GER-SH	M-45	00:41:16	38
188	2333	00:42:13	Koschke	Mathias		GER-SH	M-60	00:41:31	11
189	2074	00:42:16	Brandt	Hans-Joachim		GER-MVP	M-60	00:41:58	12
190	2042	00:42:21	Bergmann	Norbert	Kastorfer SV	GER-SH	M-50	00:41:51	18
191	2397	00:42:37	Mahnke	Fynn	BBZ Mölln	GER-SH	M-JA	00:41:48	5
192	2174	00:42:38	Frakstein	Sascha	BBZ Mölln	GER-SH	M-HK	00:41:48	18
193	2560	00:42:40	Schlüter	Robert	Soulkitchen	GER-HAM	M-HK	00:42:19	19

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# Ergebnis M / W - gesamt

## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
194	2377	00:42:40	Lohmann	Patrick	Familyrun	GER-SH	M-40	00:42:11	14
195	2047	00:42:41	Bethe	Moritz		GER-SH	M-40	00:42:22	15
196	2493	00:42:47	Puffert	Noah		GER-SH	M-JU14	00:41:58	10
197	2581	00:42:56	Schütt	Matthias	Lauftreff Schürensöhlen	GER-SH	M-55	00:42:33	17
198	2230	00:43:09	Hause	Ingo	Deutsche Bank Lübeck	GER-SH	M-60	00:42:45	13
199	2449	00:43:17	Nossol	Frank		GER-SH	M-50	00:42:49	19
200	2329	00:43:18	Kollat	Thorsten		GER-SH	M-45	00:42:43	39
201	2025	00:43:25	Baumann	Till		GER-SH	M-35	00:42:58	14
202	2019	00:43:31	Balcke	Mats		GER-HAM	M-JU14	00:42:51	11
203	2690	00:43:41	Weimer	Alex	Lauftreff SFO	GER-HAM	M-30	00:43:08	12
204	2598	00:43:48	Sobottka	Jost		GER-SH	M-JU16	00:43:22	16
205	2482	00:43:50	Pingel	Andreas	Tri Sport Schwerin	GER-MVP	M-40	00:43:34	16
206	2206	00:43:54	Greinert	Hartmut	Spiridon Schleswig	GER-SH	M-65	00:43:33	6
207	2003	00:44:01	Albers	Philipp		GER-SH	M-HK	00:44:01	20
208	2004	00:44:08	Albrecht	Udo	BBZ Mölln	GER-SH	M-45	00:43:50	40
209	2124	00:44:12	Dettmann	Herbert	VKL	GER-SH	M-35	00:43:36	15
210	2636	00:44:22	Sump	Sigurd	LG Neumünster	GER-SH	M-70	00:44:04	2
211	2630	00:44:37	Strobl	Christian		GER-SH	M-35	00:43:51	16
212	2567	00:44:39	Schnack	Hans-Michael	Kreuzberger kanalratten	GER-BER	M-65	00:44:17	7
213	2468	00:45:00	Petelkau	Niklas	BBZ Mölln	GER-SH	M-JU18	00:44:46	12
214	2110	00:45:00	Choinovski	Clemens	BBZ Mölln	GER-SH	M-JA	00:44:45	6
215	2399	00:45:18	Mai	Ragnald	LT Klövensteen	GER-SH	M-65	00:44:57	8
216	2271	00:45:26	Hub	Bernhard	Möllner SV	GER-SH	M-55	00:45:06	18
217	2679	00:45:37	Waldig	Marcus	BBZ-Mölln	GER-SH	M-HK	00:44:42	21
218	2682	00:45:43	Wannags	Maurin	Stormarn	GER-SH	M-JU14	00:45:08	12
219	2439	00:45:51	Ney	André	BBZ Mölln	GER-SH	M-HK	00:44:55	22
220	2608	00:45:51	Stahl	Christian	Eimsbüttler TV	GER-HAM	M-45	00:45:27	41
221	2570	00:45:54	Scholz	Guido	BSG ERGO sports Hamburg	GER-SH	M-45	00:45:36	42
222	2304	00:45:55	Karow	Siegfried	LG Schwerin	GER-MVP	M-65	00:45:39	9
223	2371	00:46:01	Löffler	Mario		GER-SH	M-40	00:45:13	17
224	2350	00:46:04	Kummerow	Andreas	ATSV Stockelsdorf	GER-SH	M-55	00:45:30	19
225	2087	00:46:29	Brückmann	Dirk	TSV Heiligenrode	GER-HES	M-40	00:46:03	18
226	2131	00:46:33	Dittmer	Dirk	TuS Hohnstorf/Elbe	GER-SH	M-65	00:45:58	10
227	2192	00:46:36	Giering	Volker		GER-SH	M-45	00:45:58	43
228	2130	00:46:37	Diskowski	Thomas	Ratzeburger SV	GER-SH	M-50	00:46:10	20
229	2077	00:46:39	Brede	Bernd	Laufgruppe Ludwigslust	GER-MVP	M-50	00:45:53	21
230	2588	00:46:51	Seifert	Karl-Heinz	Lauenburger SV	GER-SH	M-65	00:46:17	11
231	2144	00:46:57	Drost	Jarno		GER-HAM	M-JU14	00:46:39	13
232	2423	00:47:02	Mischok	Manfred B.	Spiridon-Club Bad Oldesloe	GER-SH	M-60	00:46:25	14
233	2094	00:47:10	Brumm	Hubert	LT Quickborn-Ellerau	GER-SH	M-55	00:46:41	20
234	2048	00:47:11	Bethe	Stephan		GER-BER	M-45	00:46:49	44
235	2031	00:47:12	Behrens	Sven		GER-SH	M-40	00:46:19	19
236	2658	00:47:14	Ulrich	Siegfried		GER-SH	M-75	00:47:00	3
237	2571	00:47:21	Schönberg	Jens	Segelclub Ratzeburger See	GER-SH	M-45	00:46:10	45
238	2744	00:47:24	Roth	Alf		GER-MVP	M-45	00:46:47	46
239	2196	00:48:09	Glagau	Rolf	TSV Ratekau	GER-SH	M-70	00:47:43	3
240	2417	00:48:11	Meyer	Fiete	Die Mittläufer	GER-MVP	M-30	00:47:33	13
241	2227	00:48:19	Hartkopp	Markus	BBZ VFOST-13	GER-SH	M-HK	00:47:23	23
242	2228	00:49:09	Hartz	Tristan	HSV-Fan aus Lüneburg	GER-NIE	M-JU16	00:48:28	17
243	2585	00:49:14	Schwiesow	Viktor	BBZ Mölln	GER-SH	M-JA	00:48:35	7
244	2062	00:49:24	Bock	Gustav	BBZ Mölln	GER-SH	M-JU18	00:49:16	13

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## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
245	2418	00:49:26	Meyer	Frank	Die Mittläufer	GER-MVP	M-55	00:48:48	21
246	2028	00:49:43	Becker	Gerhard	TSV HEILIGENRODE	GER-HES	M-70	00:49:16	4
247	2722	00:49:47	Wulf	Günter	Bundespolizei Ratzeburg	GER-SH	M-50	00:48:57	22
248	2572	00:49:53	Schöning	Rolf	Ratzeburger SV	GER-SH	M-40	00:49:32	20
249	2342	00:50:20	Kreusch	Matthias	Die Mittläufer	GER-MVP	M-30	00:49:43	14
250	2494	00:50:44	Puffert	Till		GER-SH	M-45	00:49:55	47
251	2406	00:50:51	Mathia	Burkhard		GER-BRE	M-60	00:50:04	15
252	2184	00:51:00	Gawenda	Hans-Joachim	Möllner SV	GER-SH	M-65	00:50:39	12
253	2541	00:51:17	Sauer	Malte	Ratzeburger SV-Triathlon	GER-SH	M-JU16	00:50:59	18
254	2544	00:51:20	Schaarschmidt	Martin		GER-SH	M-50	00:50:23	23
255	2320	00:51:28	Knigge	Hubert	BSG BP Oil	GER-HAM	M-60	00:50:45	16
256	2478	00:51:31	Pfister	Hans-Rüdiger		GER-NIE	M-55	00:50:39	22
257	2160	00:51:58	Eulig	Jens	ATSV Stockelsdorf	GER-SH	M-55	00:51:20	23
258	2321	00:52:05	Knuth	Andreas		GER-SH	M-45	00:51:13	48
259	2393	00:52:42	Lütgen	Julian		GER-SH	M-JU18	00:52:06	14
260	2395	00:52:44	Lütgen	Volker			M-45	00:52:08	49
261	2008	00:53:26	Ameln	Robert	IGAS Wendland	GER-MVP	M-55	00:53:08	24
262	2139	00:53:54	Donder	Tobias		GER-SH	M-30	00:53:20	15
263	2403	00:53:59	Mangelmann	Timo	BBZ Mölln	GER-SH	M-JU18	00:53:50	15
264	2605	00:54:22	Spitz	Oliver	BBZ Mölln	GER-SH	M-40	00:53:34	21
265	2308	00:54:24	Kelch	Eberhard	LT Quickborn-Ellerau	GER-SH	M-70	00:53:54	5
266	2209	00:54:45	Grünhagen	Udo	BSG Lufthansa Sportverein Hamburg	GER-HAM	M-70	00:54:01	6
267	2499	00:57:47	Rathgeber	Sven	Laufftreff SFO	GER-HAM	M-30	00:57:12	16
268	2104	00:58:26	Burmeister	Uwe	Die Mittläufer	GER-MVP	M-50	00:57:47	24
269	2516	00:58:41	Röck	Sascha		GER-RLP	M-HK	00:58:09	24
270	2448	01:01:54	Nonnenpredger	Philip	BBZ Mölln	GER-SH	M-JA	01:01:13	8
271	2640	01:01:57	Tedsen	Fabian	BBZ Mölln	GER-SH	M-JU18	01:01:48	16
272	2569	01:05:15	Schnitt	Frederik	BBZ Mölln	GER-SH	M-HK	01:04:51	25
273	2724	01:15:38	Yontgan	Aykut	BBZ Mölln	GER-SH	M-JA	01:15:15	9
274	2617	01:15:38	Steinbusch	Marcel	BBZ Mölln	GER-SH	M-JA	01:14:47	10

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
1	2596	00:29:57	Skambath	Isabelle	Möllner SV	GER-SH	W-JU18	00:29:51	1
2	2719	00:30:41	Woltersdorf	Sophie Marie	Lübeck 1876	GER-SH	W-JU14	00:30:36	1
3	2430	00:31:22	Mull	Dr. Diana	TSV Bornhöved	GER-SH	W-45	00:31:14	1
4	2747	00:31:56	Schätzle	Pia	LBV Phönix Lübeck	GER-SH	W-JU18	00:31:56	2
5	2073	00:33:11	Brandt	Christine		GER-SH	W-HK	00:33:01	1
6	2586	00:33:15	Seidel	Martina	Tri-Sport Lübeck	GER-SH	W-50	00:33:06	1
7	2318	00:33:53	Knaack	Sonja		GER-HAM	W-HK	00:33:42	2
8	2454	00:34:09	Oltmanns	Wimke	Intersport Mauritz Women Racer	GER-SH	W-35	00:34:01	1
9	2026	00:34:11	Baumert	Bettina		GER-MVP	W-40	00:33:56	1
10	2431	00:34:44	Müller	Brigitte	Spiridon-Club Bad Oldesloe	GER-SH	W-55	00:34:28	1
11	2080	00:35:07	Breiholz	Michaela	Ratzeburg-Vorstadt	GER-SH	W-40	00:34:53	2
12	2181	00:35:33	Garduño Castor	Rebeca		MEX	W-HK	00:35:17	3
13	2713	00:35:41	Wohs	Luisa	TC Büchen	GER-SH	W-JA	00:35:32	1
14	2695	00:36:05	Wetzel	Anke	SV Mecklenburg Schwerin	GER-MVP	W-45	00:35:41	2

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## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
15	2522	00:36:17	Rogge	Brigitte		GER-SH	W-50	00:36:04	2
16	2226	00:36:24	Harmel	Eva		GER-SH	W-HK	00:36:06	4
17	2438	00:36:24	Neuhold	Johanna		GER-SH	W-HK	00:36:05	5
18	2213	00:36:36	Haberland	Jennifer	Lufthansa SV / BSV	GER-HAM	W-HK	00:36:03	6
19	2319	00:36:42	Knaak	Anja		GER-SH	W-30	00:35:53	1
20	2666	00:37:00	Vetimi	Isa	BBZ Mölln	GER-SH	W-JU18	00:36:51	3
21	2010	00:37:19	Aniol	Regina	TSV Ratekau	GER-SH	W-55	00:37:05	2
22	2099	00:37:22	Buck	Katharina		GER-SH	W-30	00:36:44	2
23	2378	00:37:26	Lohmann	Petra	Harburger SC	GER-HAM	W-45	00:37:07	3
24	2107	00:37:30	Büttner	Stine	VfL Stade	GER-NIE	W-JU18	00:37:08	4
25	2043	00:37:38	Beringer	Elke	TRIAS Bad Schwartau	GER-SH	W-55	00:37:22	3
26	2619	00:37:40	Stippich	Bärbel	Möllner SV	GER-SH	W-65	00:37:29	1
27	2337	00:37:50	Krahmann-Meier	Ulrike	Tri-Sport Lübeck	GER-SH	W-55	00:37:39	4
28	2422	00:37:57	Michalak	Ursula	Intersport Mauritz Women Racer	GER-SH	W-60	00:37:41	1
29	2665	00:37:59	Vesely	Lucia		AUT	W-HK	00:37:48	7
30	2550	00:38:01	Schieweck	Marlies	BW 96	GER-SH	W-JU18	00:37:54	5
31	2118	00:38:10	Dalichow	Katja		GER-HAM	W-45	00:37:45	4
32	2307	00:38:51	Kaufmann	Bianca		GER-HAM	W-40	00:38:35	3
33	2519	00:38:55	Roden	Jutta		GER-SH	W-50	00:38:40	3
34	2339	00:38:56	Kranz	Kerstin		GER-SH	W-45	00:38:44	5
35	2717	00:38:56	Wolfram	Mia	Die Amazonen	GER-HAM	W-JU14	00:38:38	2
36	2011	00:39:06	Arendt	Svenja	SC Delphin Bad Schwartau Triathlon	GER-SH	W-30	00:38:46	3
37	2069	00:39:17	Borm	Regina	TSV Gülzow	GER-SH	W-50	00:39:04	4
38	2121	00:39:35	Deinzel	Veronika	Rennlaxe	GER-BER	W-HK	00:38:51	8
39	2279	00:39:43	Husfeldt	Simone	Auenläufer	GER-SH	W-45	00:39:08	6
40	2677	00:39:45	Wahne	Anke		GER-NIE	W-40	00:39:30	4
41	2474	00:39:47	Peters	Petra	ATSV Stockelsdorf	GER-SH	W-45	00:39:11	7
42	2101	00:39:53	Bühner	Juliane		GER-SH	W-35	00:39:31	2
43	2235	00:40:02	Heidenreich	Silvia	Polizei SV Eutin	GER-SH	W-40	00:39:43	5
44	2072	00:40:06	Börner	Nathalie		GER-HAM	W-HK	00:39:31	9
45	2634	00:40:11	Sturm	Denise	Ratzeburger SV-Triathlon	GER-SH	W-45	00:39:49	8
46	2370	00:40:18	Lippert	Susanne		GER-HAM	W-50	00:40:01	5
47	2576	00:40:35	Schuenemann	Heike	Lübecker Turnerschaft	GER-SH	W-40	00:39:55	6
48	2211	00:40:55	Günther	Christiane	FWV Vorwärts e.V	GER-HAM	W-35	00:40:20	3
49	2032	00:41:09	Behrndt	Lydia		GER-SH	W-40	00:40:40	7
50	2532	00:41:21	Ruschmeyer	Tanja	Lauftherapiezentrum Lüneburger Heide	GER-NIE	W-40	00:40:37	8
51	2445	00:41:31	Nommensen	Ina	Triabolas Hamburg e.V.	GER-HAM	W-HK	00:41:17	10
52	2579	00:41:34	Schultz	Vera	Möllner SV	GER-SH	W-50	00:40:43	6
53	2063	00:41:35	Bode	Kathi		GER-SH	W-35	00:41:25	4
54	2334	00:41:36	Kossing	Astrid	Aller-Go	GER-SH	W-40	00:41:04	9
55	2287	00:41:41	Janke	Bonnie	TSV Brokstedt	GER-SH	W-HK	00:41:17	11
56	2561	00:41:44	Schmidt	Anja		GER-SH	W-45	00:41:23	9
57	2148	00:41:46	Dümcke	Astrid		GER-SH	W-45	00:41:34	10
58	2580	00:41:48	Schulz	Hellen		GER-SH	W-30	00:41:03	4
59	2611	00:41:49	Stamer	Kerstin		GER-SH	W-30	00:41:03	5
60	2649	00:41:49	Thaens	Susanne		GER-SH	W-45	00:41:18	11
61	2114	00:41:51	Dahl	Julia	Lübeck	GER-SH	W-HK	00:41:03	12
62	2276	00:41:51	Hüllweck	Agnes	Möllner SV	GER-SH	W-40	00:41:40	10
63	2169	00:41:51	Finkeisen	Martina	TSV Lola	GER-SH	W-55	00:41:27	5

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## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
64	2150	00:41:53	Ebeling	Bettina		GER-SH	W-35	00:41:05	5
65	2692	00:41:55	Weiß	Kornelia	TSV - Heiligenrode	GER-HES	W-50	00:41:29	7
66	2151	00:41:58	Eckhoff	Marianne	Lauftherapiezentrum Lüneburger Heide	GER-NIE	W-40	00:41:14	11
67	2477	00:42:00	Pfaffenbach	Mona	TSG Bergedorf	GER-SH	W-HK	00:41:53	13
68	2670	00:42:02	von Hagen	Kirsten		GER-SH	W-40	00:41:17	12
69	2743	00:42:07	Möller	Sabine		GER-	W-45	00:42:01	12
70	2358	00:42:08	Leckebusch	Jannika		GER-SH	W-JU14	00:41:33	3
71	2452	00:42:18	Oleiko	Bianca		GER-SH	W-35	00:41:50	6
72	2496	00:42:23	Püttjer	Anke	Spiridon-Club Bad Oldesloe	GER-SH	W-45	00:42:09	13
73	2498	00:42:27	Rasch-Espe	Regina	Vfl Oldesloe	GER-SH	W-40	00:42:12	13
74	2214	00:42:40	Hach	Anna Sophie		GER-SH	W-JU14	00:42:30	4
75	2375	00:42:40	Lohmann	Luise	Familyrun	GER-SH	W-JU14	00:42:10	5
76	2082	00:42:40	Brock	Ida Lilly		GER-SH	W-JU14	00:42:30	6
77	2163	00:42:57	Faust	Daggi	BSG Otto/ BSV HH	GER-HAM	W-40	00:42:15	14
78	2631	00:43:04	Strohkirch	Marion		GER-SH	W-40	00:42:34	15
79	2259	00:43:07	Hoffmann	Lisa	Ratzeburger SV	GER-SH	W-50	00:42:36	8
80	2533	00:43:10	Klein	Sabine		GER-SH	W-45	00:42:45	14
81	2286	00:43:10	Jacobsohn	Tanja		GER-SH	W-45	00:42:55	15
82	2294	00:43:10	Jung	Anette		GER-SH	W-45	00:42:55	16
83	2189	00:43:12	Gerdinand	Ilonka	Auenläufer	GER-SH	W-55	00:42:44	6
84	2097	00:43:18	Bub	Anja		GER-HAM	W-30	00:42:59	6
85	2672	00:43:22	von Schamann	Cornelia	Lübeck 1876	GER-SH	W-55	00:43:11	7
86	2730	00:43:25	Zerrath	Marion		GER-SH	W-40	00:42:57	16
87	2379	00:43:33	Loll	Alexandra	Soulkitchen	GER-HAM	W-40	00:43:12	17
88	2017	00:43:37	Balcke	Isabel		GER-HAM	W-40	00:42:57	18
89	2018	00:43:38	Balcke	Lina Madita		GER-HAM	W-JU16	00:42:57	1
90	2710	00:43:38	Wittorf	Wencke		GER-SH	W-HK	00:42:51	14
91	2464	00:43:38	Pauls	Franziska	BBZ Mölln	GER-SH	W-HK	00:43:00	15
92	2443	00:43:43	Nix	Veronika	Auenläufer	GER-SH	W-50	00:43:16	9
93	2116	00:43:50	Dahlmann	Julia	Ratzeburger SV-Triathlon	GER-SH	W-30	00:43:34	7
94	2612	00:43:54	Stättner	Cornelia	BSG Otto/BSV HH	GER-HAM	W-45	00:43:13	17
95	2735	00:44:04	Zierenberg	Julia	Lübecker SC	GER-SH	W-35	00:43:20	7
96	2125	00:44:12	Dettmann	Manuela	VKL	GER-THÜ	W-40	00:43:36	19
97	2340	00:44:15	Kraski	Bianca		GER-SH	W-45	00:43:55	18
98	2238	00:44:28	Henk	Anne-Katrin	Lübecker Judoclub	GER-SH	W-45	00:43:41	19
99	2070	00:44:30	Born	Christina		GER-SH	W-40	00:43:43	20
100	2002	00:44:41	Ahrens	Annette		GER-HAM	W-40	00:43:56	21
101	2502	00:44:41	Rautenberg	Antje		GER-SH	W-50	00:43:48	10
102	2171	00:44:41	Foit	Sabine	Möllner SV	GER-SH	W-50	00:44:00	11
103	2705	00:44:42	Willhöft	Bianca	SG Sparkasse Holstein	GER-SH	W-35	00:43:54	8
104	2041	00:44:43	Bergmann	Bärbel	Kastorfer SV	GER-SH	W-50	00:44:13	12
105	2194	00:44:45	Gießen	Melanie		GER-SH	W-HK	00:44:21	16
106	2188	00:44:46	Gehrt-Schlesiger	Christine	Vfl Oldesloe	GER-SH	W-45	00:44:27	20
107	2313	00:44:47	Kiske	Rosemarie		AUT	W-60	00:44:24	2
108	2420	00:45:01	Meyer	Kristina		GER-SH	W-40	00:44:49	22
109	2260	00:45:01	Hohnsbein	Kirsten		GER-SH	W-45	00:44:46	21
110	2222	00:45:02	Handke	Nicola		GER-SH	W-40	00:44:18	23
111	2052	00:45:07	Bieletzki	Carolyn	Gymnasium Gadebusch	GER-MVP	W-JU16	00:44:43	2
112	2248	00:45:09	Herwig	Marion		GER-SH	W-40	00:44:44	24
113	2517	00:45:10	Rockstroh	Hilke	Möllner SV	GER-SH	W-KU12	00:44:57	1

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# Ergebnis M / W - gesamt

## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
114	2382	00:45:19	Loth	Carola	Ev.-freikirchliche Gemeinde Ratzeburg	GER-SH	W-35	00:44:26	9
115	2281	00:45:21	Ibs	Marita		GER-HAM	W-50	00:45:09	13
116	2012	00:45:22	Asmus	Antje	Lübecker SC	GER-SH	W-70	00:44:57	1
117	2113	00:45:24	da Silva	Vanessa		GER-HAM	W-HK	00:44:57	17
118	2112	00:45:25	da Silva	Myriam		GER-HAM	W-50	00:44:59	14
119	2573	00:45:27	Schröder	Anita		GER-HAM	W-45	00:45:02	22
120	2599	00:45:27	Sobottka	Marlit		GER-SH	W-45	00:45:01	23
121	2149	00:45:29	Düster	Susanne		GER-SH	W-50	00:44:51	15
122	2405	00:45:44	Wannags	Marie	Alsterdorf	GER-HAM	W-JU14	00:45:08	7
123	2311	00:45:44	Keuntje	Sabine		GER-HAM	W-40	00:45:10	25
124	2610	00:45:51	Stahl	Petra	Eimsbüttler TV	GER-HAM	W-45	00:45:27	24
125	2300	00:45:55	Kaletzki	Gabriele	LG Schwerin		W-55	00:45:40	8
126	2374	00:46:06	Lohmann	Katrin	Familyrun	GER-SH	W-40	00:45:33	26
127	2373	00:46:06	Lohmann	Caroline	Familyrun	GER-SH	W-JU14	00:45:34	8
128	2531	00:46:11	Ruschmeyer	Angela	Lauftherapiezentrum Lüneburger Heide	GER-NIE	W-45	00:45:26	25
129	2243	00:46:16	Henschel	Olivia	Well you Lübeck	GER-SH	W-40	00:45:31	27
130	2078	00:46:20	Bredehorst-Witkowski	Angelika	Möllner SV	GER-SH	W-50	00:45:39	16
131	2024	00:46:23	Baumann	Karin		GER-SH	W-30	00:45:57	8
132	2563	00:46:23	Schmidt	Julia		GER-SH	W-HK	00:45:57	18
133	2265	00:46:26	Homolla	Véronique	Aller-GO	GER-HAM	W-50	00:45:53	17
134	2270	00:46:27	Horst	Marion		GER-SH	W-45	00:45:58	26
135	2027	00:46:29	Baumgartner	Stephanie	Triteam VfI Oldesloe	GER-SH	W-45	00:46:12	27
136	2201	00:46:31	Görke	Maike		GER-HAM	W-40	00:45:57	28
137	2186	00:46:37	Gebhart	Petra		GER-HAM	W-35	00:46:01	10
138	2487	00:46:37	Pohlschmidt	Silke		GER-SH	W-30	00:46:10	9
139	2283	00:46:46	Ishorst-Witte	Frauke		GER-SH	W-45	00:46:24	28
140	2335	00:46:54	Kottwitz	Anna		GER-HAM	W-35	00:46:19	11
141	2122	00:47:06	Demant	Cordelia	Laufftreff SFO	GER-HAM	W-45	00:46:28	29
142	2535	00:47:08	Salchow	Petra		GER-MVP	W-50	00:46:18	18
143	2727	00:47:15	Zappe	Alexandra	TUS Dorum	GER-NIE	W-35	00:46:42	12
144	2489	00:47:15	Posselt	Elke	ATSV Stockelsdorf	GER-SH	W-55	00:46:51	9
145	2718	00:47:15	Wolter	Sabine	ATSV Stockelsdorf	GER-SH	W-55	00:46:50	10
146	2432	00:47:16	Münchenberger	Claudia	ATSV Stockelsdorf	GER-SH	W-50	00:46:50	19
147	2351	00:47:17	Kümperling	Denise	Haspa Marathon Team	GER-HAM	W-40	00:46:33	29
148	2587	00:47:17	Seifert	Gisela	Lauenburger SV	GER-SH	W-60	00:46:43	3
149	2240	00:47:18	Henkel	Grit		GER-SH	W-40	00:46:27	30
150	2241	00:47:18	Henkel	Jada	Stormarnschule	GER-SH	W-JU16	00:46:25	3
151	2046	00:47:18	Beste	Daniela		GER-HAM	W-30	00:46:28	10
152	2076	00:47:21	Brauns	Janine	Möllner SV	GER-SH	W-35	00:46:37	13
153	2115	00:47:22	Dahl	Katrin		GER-MVP	W-50	00:46:35	20
154	2663	00:47:23	v. Keiser	Sibylle		GER-SH	W-40	00:47:13	31
155	2749	00:47:24	Stefan	Claudia		GER-SH	W-HK	00:46:48	19
156	2088	00:47:33	Brückmann	Heike	TSV Heiligenrode	GER-HES	W-35	00:47:05	14
157	2317	00:47:40	Knaack	Kathrin		GER-SH	W-55	00:47:29	11
158	2736	00:47:51	Zunker	Gudrun	Dynamo Berkenbusch		W-60	00:47:27	4
159	2546	00:47:56	Scheffler-Behrens	Martina		GER-SH	W-40	00:47:03	32
160	2289	00:47:58	John	Gabi	Jogmap Schleswig-Holstein	GER-SH	W-50	00:47:21	21
161	2481	00:48:02	Pigerius	Sarah		GER-HAM	W-30	00:47:38	11
162	2244	00:48:05	Hensel	Heike	Möllner SV	GER-SH	W-50	00:47:42	22
163	2195	00:48:08	Glagau	Anke	TSV Ratekau	GER-SH	W-60	00:47:45	5

# Ergebnis M / W - gesamt

## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
164	2368	00:48:23	Linder	Karen	EFG Ratzeburg	GER-SH	W-40	00:47:57	33
165	2507	00:48:25	Reiss	Cornelia	TSV - Heiligenrode	GER-HES	W-50	00:48:00	23
166	2511	00:48:25	Richter	Martina		GER-HAM	W-45	00:47:38	30
167	2132	00:48:29	Dittmere	Karin	TuS Hohnstorf/Elbe	GER-SH	W-65	00:47:52	2
168	2659	00:48:39	Umlandt	Tina		GER-HAM	W-30	00:48:06	12
169	2344	00:48:43	Krickemeyer	Konni	Run for fun	GER-SH	W-40	00:48:24	34
170	2696	00:48:52	Weyland	Beate	Ratzeburger SV-Triathlon	GER-SH	W-45	00:48:07	31
171	2593	00:49:02	Siemen	Angelika	Sachsenwaldau SV	GER-SH	W-50	00:48:50	24
172	2245	00:49:07	Henz-Meyer	Simone	Norderstedter SV	GER-SH	W-45	00:48:32	32
173	2091	00:49:26	Bruer	Andrea	Die Mitläufer	GER-MVP	W-50	00:48:48	25
174	2177	00:49:29	Fraust	Angela		GER-HAM	W-50	00:49:00	26
175	2007	00:49:31	Althans	Petra	TSV - Heiligenrode	GER-HES	W-55	00:49:02	12
176	2706	00:49:34	Witt	Kirsten		GER-SH	W-50	00:49:13	27
177	2565	00:49:49	Schmidt-Klentzer	Sieglinde	RTV Rellingen	GER-SH	W-60	00:49:12	6
178	2218	00:49:49	Hagen	Susan	AllerGO!	GER-HAM	W-45	00:49:16	33
179	2475	00:50:03	Petersen	Annelie	Lauflok NF	GER-SH	W-60	00:49:32	7
180	2639	00:50:05	Tedsen	Astrid		GER-SH	W-40	00:49:52	35
181	2671	00:50:06	Von Keiser	Lotte		GER-SH	W-JU16	00:49:51	4
182	2105	00:50:08	Busch	Stephanie		GER-HAM	W-45	00:46:55	34
183	2005	00:50:09	Alpen	Ann-Christin		GER-SH	W-HK	00:49:19	20
184	2030	00:50:09	Behr	Franziska		GER-SH	W-HK	00:49:20	21
185	2492	00:50:44	Puffert	Chiara		GER-SH	W-KU12	00:49:55	2
186	2165	00:50:48	Fecker	Nicole	ATSV Stockelsdorf	GER-SH	W-30	00:50:10	13
187	2239	00:50:50	Henke	Stefanie		GER-NIE	W-30	00:50:03	14
188	2739	00:50:58	Zurmühl	Henrike		GER-SH	W-45	00:50:18	35
189	2006	00:50:58	Altfeld	Gudrun		GER-BER	W-45	00:50:17	36
190	2305	00:50:59	Wölk	Kathi		GER-SH	W-HK	00:50:28	22
191	2272	00:51:11	Hub	Christine	Möllner SV	GER-SH	W-55	00:50:20	13
192	2268	00:51:20	Hornburg	Simone		GER-MVP	W-40	00:51:05	36
193	2066	00:51:26	Böhme	Anja	Fittforever Lüneburg	GER-NIE	W-45	00:50:36	37
194	2577	00:51:30	Schulte	Christina	LT Lüneburg	GER-NIE	W-65	00:50:51	3
195	2065	00:51:31	Böhm	Gisela		GER-NIE	W-50	00:50:39	28
196	2159	00:51:57	Eulig	Birgit	ATSV Stockelsdorf	GER-SH	W-55	00:51:23	14
197	2523	00:52:00	Rohde	Nicole		GER-SH	W-45	00:51:20	38
198	2628	00:52:00	Stremmel	Uta		GER-HAM	W-45	00:51:21	39
199	2603	00:52:00	Sommer	Mareike			W-HK	00:51:17	23
200	2293	00:52:03	Josties	Ruth	Auenläufer	GER-SH	W-55	00:51:34	15
201	2426	00:52:09	Moritz	Tamara	TSV Brokstedt	GER-SH	W-55	00:51:39	16
202	2534	00:52:16	Sahr	Maja		GER-SH	W-40	00:51:43	37
203	2415	00:52:33	Meins	Katja		GER-SH	W-JU14	00:51:50	9
204	2221	00:52:40	Handke	Berit	MTV Lübeck	GER-SH	W-KU12	00:51:57	3
205	2394	00:52:50	Lütgen	Louise			W-KU12	00:52:14	4
206	2309	00:53:03	Kelpe	Britta		GER-SH	W-45	00:52:30	40
207	2392	00:53:06	Lütgen	Friederike		GER-SH	W-45	00:52:29	41
208	2014	00:53:11	Augustien	Dagmar	Racingsnails	GER-SH	W-40	00:52:21	38
209	2562	00:53:16	Schmidt	Gabriele	Racingsnails	GER-SH	W-45	00:52:28	42
210	2501	00:53:17	Rathmann	Heike	Marathon e.V.Lübeck	GER-SH	W-55	00:52:31	17
211	2539	00:53:25	Sasse	Elke		GER-SH	W-45	00:53:08	43
212	2513	00:53:46	Rieve	Tanja		GER-SH	W-HK	00:53:18	24
213	2310	00:53:46	Kempter	Susanne		GER-SH	W-35	00:53:16	15
214	2463	00:53:49	Paragnik	Sylvia	Schwimmfreunde Stapelfeld	GER-SH	W-50	00:53:07	29

# Ergebnis M / W - gesamt

## Lauf um den KÜchensee ( 7,3 Km )

### Lauf um den KÜchensee W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
215	2138	00:53:54	Donder	Karina		GER-SH	W-30	00:53:20	15
216	2199	00:54:00	Golombek	Karin		GER-SH	W-45	00:53:20	44
217	2702	00:54:12	Wietfeldt	Nicole		GER-HAM	W-40	00:53:20	39
218	2236	00:54:22	Heins	Melina	BBZ Mölln	GER-SH	W-JU18	00:53:34	6
219	2120	00:54:27	Dehnel	Antje	DUWO-08	GER-HAM	W-70	00:53:40	2
220	2683	00:54:45	Warnecke	Dr. Beate	Lübecker Marathon e.V.	GER-SH	W-60	00:53:59	8
221	2554	00:54:46	Schimmelpfennig	Lina	Wandsbeker Turnerbund	GER-HAM	W-JU14	00:53:59	10
222	2193	00:54:47	Giering-Liebhart	Christine		GER-SH	W-45	00:54:09	45
223	2704	00:54:47	Wietfeldt	Susanne	Wandsbeker Turnerbund	GER-SH	W-45	00:54:00	46
224	2302	00:54:47	Kamin-Remmers	Angela		GER-HAM	W-50	00:54:25	30
225	2372	00:54:56	Löffler	Sabine		GER-SH	W-40	00:54:07	40
226	2442	00:54:57	Nieswandt	Tanja	Philips LG Hamburg	GER-SH	W-40	00:54:11	41
227	2217	00:54:57	Hagedorn	Britta	ESV Fortuna Celle (Radverein)	GER-SH	W-35	00:54:08	16
228	2035	00:54:57	Belletti	Bella	Lübecker SC	GER-SH	W-30	00:54:18	16
229	2054	00:54:58	Biefeld	Simone	Möllner SV	GER-SH	W-45	00:54:19	47
230	2356	00:57:48	Laser	Silvya	FC St. Pauli Marathon	GER-SH	W-50	00:57:14	31
231	2421	00:58:25	Meyer-Schill	Annette	Die Mitläufer	GER-MVP	W-50	00:57:47	32
232	2536	00:58:40	Hess	Sandra		GER-SH	W-HK	00:58:09	25
233	2398	00:59:33	Mai	Nina	BBZ Mölln	GER-SH	W-JU18	00:59:19	7
234	2264	00:59:33	Holz	Jennifer	BBZ Mölln	GER-SH	W-JA	00:59:20	2
235	2020	01:00:34	Bartels	Angelika	Harburger SC	GER-HAM	W-50	00:59:51	33
236	2123	01:03:48	Dereli	Melda	BBZ Mölln	GER-SH	W-JU18	01:03:28	8
237	2456	01:03:48	Oruclu	Seda	BBZ Mölln	GER-SH	W-JA	01:03:28	3
238	2282	01:03:51	Irkörücü	Özge	BBZ Mölln	GER-SH	W-JU18	01:03:31	9
239	2183	01:03:55	Gaßner	Lea	BBZ Mölln	GER-SH	W-JU18	01:03:33	10
240	2725	01:04:29	Yorganci	Rabia	BBZ Mölln	GER-SH	W-JA	01:04:09	4
241	2491	01:04:29	Pretzer	Elisabeth	BBZ Mölln	GER-SH	W-JU18	01:04:10	11
242	2591	01:04:29	Shah	Nadia	BBZ Mölln	GER-SH	W-JU18	01:04:10	12
243	2182	01:11:03	Gärtner	Lisa	BBZ Mölln	GER-SH	W-HK	01:10:22	26
244	2388	01:11:04	Lück	Lisa	BBZ Mölln	GER-SH	W-HK	01:10:22	27
245	2246	01:15:38	Herm	Svenja	BBZ Mölln	GER-SH	W-JU18	01:15:04	13

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