

| | | | | | |
|-----------------------------------|------------------------------|-----------------------------------|----------------|--|----------------|
| 1 TC FIKO Rostock | 4:10:14 | 13 de Heidehoppers Rostock | 5:20:54 | 25 Agricon Unternehmensberatung | 5:47:54 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 2 | HM205 Michaelis, Felix | 1:16:55 | 85 | HM694 Satzky, Heiko | 1:43:28 |
| 4 | HM607 Nitschke, Christian | 1:18:28 | 139 | HM77 Kortus, Peter | 1:48:34 |
| 38 | HM910 Pohling, Bert | 1:34:51 | 23 | HM11 Tiburtius, Ariane | 1:48:52 |
| 2 FHSG Stralsund | 4:38:49 | 14 Cottbuser Parkläufer | 5:21:04 | 26 de Heidehoppers Rostock 2 | 5:48:15 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 11 | HM211 Lander, Arnd | 1:24:45 | 11 | HM641 Kus, Ute | 1:45:28 |
| 21 | HM383 Röwer, Toni | 1:30:40 | 107 | HM642 Materne, Ingo | 1:45:28 |
| 84 | HM18 Wissel, Karlheinz | 1:43:24 | 161 | HM305 Hintz, René | 1:50:08 |
| 3 HSG Uni Greifswald | 4:43:48 | 15 Sportfreunde Augustin | 5:21:42 | 27 SV Groß Wokern | 5:51:11 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 1 | HM743 Preuß, Judith | 1:33:46 | 97 | HM28 Augustin, Peter | 1:44:58 |
| 32 | HM587 Greifzu, Michael | 1:34:04 | 133 | HM27 Augustin, Jan | 1:48:22 |
| 42 | HM745 Eichhorst, Ralf | 1:35:58 | 134 | HM273 Gliese, Wolfgang | 1:48:22 |
| 4 LG Neuruppin | 4:46:18 | 16 Team Strandweg 2 | 5:23:17 | 28 BSG Stadtverwaltung Wismar | 5:51:20 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 9 | HM750 Herold, Jens-Peter | 1:23:45 | 81 | HM506 Reichelt, Ingo | 1:42:46 |
| 44 | HM751 Lettow, Jörg | 1:36:13 | 155 | HM507 Reichelt, Tom | 1:49:33 |
| 13 | HM752 Marzahl, Heike | 1:46:20 | 175 | HM680 Eberst, Dirk | 1:50:58 |
| 5 Team Strandweg | 4:47:04 | 17 1. LAC Dessau | 5:23:39 | 29 SV Motor Barth | 5:51:57 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 10 | HM1 Schuhmann, Karl Georg | 1:24:34 | 86 | HM122 Sakwerda, Friedrich | 1:43:38 |
| 60 | HM508 Bachera, Christian | 1:40:19 | 146 | HM314 Focke, Dr. Ralph | 1:49:04 |
| 73 | HM679 Och, Matthias | 1:42:11 | 174 | HM371 Scheibe, Falko | 1:50:57 |
| 6 GTI Team Gera | 4:51:22 | 18 Baltic Runners Rostock | 5:25:16 | 30 Gymnasium Gebesee 2 | 5:51:58 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 16 | HM124 Schleiting, Sven | 1:28:38 | 65 | HM429 Tomasch, Frank | 1:41:18 |
| 50 | HM892 Földner, Jens-Uwe | 1:38:05 | 109 | HM381 Stegmann, Volker | 1:45:45 |
| 10 | HM176 Raschke, Mandy | 1:44:39 | 47 | HM404 Ott, Silvia | 1:58:13 |
| 7 Gymnasium Gebesee | 4:52:59 | 19 Sanitz Runner | 5:25:39 | 31 SV Hanse-Klinikum Stralsund | 5:52:29 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 24 | HM525 Jacob, Jens Oliver | 1:32:31 | 41 | HM100 Niendorf, Christian | 1:35:51 |
| 51 | HM843 Zimmermann, Richard | 1:38:08 | 215 | HM101 Niendorf, Karl | 1:53:59 |
| 75 | HM652 Rothe, Chris | 1:42:20 | 233 | HM102 Niendorf, Olaf | 1:55:49 |
| 8 1. LAV Rostock | 4:54:03 | 20 LC Stolpertruppe Berlin | 5:29:35 | 32 DLRG Stralsund | 5:54:36 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 17 | HM870 Rehle, Jörg | 1:29:20 | 31 | HM98 Neumann, Wilhelm | 1:33:29 |
| 43 | HM387 Reichmuth, Hans-Jürgen | 1:36:13 | 116 | HM142 Sperling, Harald | 1:46:17 |
| 19 | HM48 Grotjohann, Cathrin | 1:48:30 | 124 | HM757 Halbig, Edigna | 2:09:49 |
| 9 the Obsessions | 5:02:07 | 21 LFF Oberholz | 5:37:39 | 33 LG Roland Haldensleben | 6:00:36 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 34 | HM890 Carnwath, Joe | 1:34:25 | 57 | HM478 Starke, Andre | 1:39:22 |
| 83 | HM889 Carnwath, James | 1:43:09 | 147 | HM462 Rasch, Uwe | 1:49:07 |
| 92 | HM891 Reichert, Wolff | 1:44:33 | 384 | HM422 Flohr, Dr. Jürgen | 2:09:10 |
| 10 Laufgruppe Prerow | 5:02:35 | 22 TSV Reichardtswerben | 5:44:30 | 34 TSV Wustrow | 6:01:44 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 29 | HM616 Gollings, Bernd | 1:33:04 | 105 | HM894 Bahr, Hans-Jürgen | 1:45:23 |
| 87 | HM617 Gollings, Matthias | 1:43:55 | 223 | HM895 Kewitsch, Andreas | 1:54:40 |
| 108 | HM97 Neubauer, Michael | 1:45:36 | 84 | HM893 Bahr, Petra | 2:04:27 |
| 11 LG Vogtland/LATV Plauen | 5:07:59 | 23 TC FIKO Rostock 2 | 5:46:04 | 35 Gym Fitness World | 6:03:19 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 6 | HM338 Just, Thomas | 1:20:49 | 16 | HM233 Vierow, Petra | 1:47:24 |
| 15 | HM449 Blenz, Lydia | 1:47:13 | 240 | HM691 Michaelis, Julius | 1:56:44 |
| 285 | HM450 Blenz, Frank | 1:59:57 | 306 | HM690 Michaelis, Gerd | 2:01:56 |
| 12 Laufteam Papendorf | 5:18:59 | 24 1. LAV Rostock 2 | 5:46:28 | 36 HSG Uni Greifswald 2 | 6:04:17 |
| Platz | Startnr. Name, Vorname | Endzeit | Platz | Startnr. Name, Vorname | Endzeit |
| 80 | HM9 Queißer, Heiko | 1:42:32 | 20 | HM539 Fiebach, Grit | 1:48:37 |
| 117 | HM15 Laurat, Peter | 1:46:20 | 46 | HM868 Voigt, Britta | 1:58:10 |
| 160 | HM264 Jütting, Ulrich | 1:50:07 | 54 | HM869 Wiesner, Iris | 1:59:41 |
| 67 | HM423 Brockmann, Daniel | 1:41:43 | 214 | HM258 Sambals, Manfred | 1:53:56 |
| 316 | HM424 Schwägerl, Jan | 2:03:05 | 247 | HM788 Thumer, Niels | 1:57:09 |
| 317 | HM742 Hiestermann, Marc | 2:03:06 | 43 | HM610 Thumer, Ute | 1:57:10 |
| 148 | HM705 Hall, Peter | 1:49:08 | 18 | HM459 Winter, Constanze | 1:48:25 |
| 166 | HM516 Kiaulehn, Jens | 1:50:25 | 53 | HM480 Bischoff, Gunda | 1:59:16 |
| 407 | HM704 Kelm, Michael | 2:11:38 | 328 | HM825 Wigger, Roland | 2:03:39 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 289 | HM47 Glander, Jens-Uwe | 2:00:17 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 59 | HM216 Glander, Kathrin | 2:00:17 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 158 | HM808 Müller, Phillip | 1:49:54 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 283 | HM790 Apfelstädt, Matthias | 1:59:46 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 307 | HM526 Jacob, Peter | 2:02:18 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 231 | HM934 Werner, Harald | 1:55:46 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 39 | HM61 Kämpfer, Bärbel | 1:55:56 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 61 | HM156 Zech, Claudia | 2:00:47 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 63 | HM225 Heinrich, Stefan | 1:41:02 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 323 | HM474 Schwarzer, Ulf | 2:03:15 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 391 | HM518 Schwuchow, Thomas | 2:10:19 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 44 | HM313 Dettmer, Christine | 1:57:32 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 262 | HM324 Dettmer, Eckhard | 1:58:38 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 83 | HM830 Vester, Viola | 2:04:26 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 190 | HM427 Crohn, Adrian | 1:51:58 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 295 | HM344 Schneider, Frank | 2:00:41 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 383 | HM348 Kattinger, Dr. Detlef | 2:09:05 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 164 | HM315 Waitschies, Udo | 1:50:16 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 305 | HM592 Falk, Marcus | 2:01:55 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 401 | HM316 Jatzek, Ben | 2:11:08 |
| 59 | HM216 Glander, Kathrin | 2:00:17 | 17 | HM747 Jäkel, Ilka | 1:47:36 |
| 180 | HM384 Röwer, Ulf | 1:51:23 | 275 | HM88 Lange, Martin | 1:59:20 |
| 289 | HM47 Glander, Jens-Uwe | 2:00:17 | 432 | HM746 Bertram, Jens | 2:17:21 |

| | | | |
|--|----------|-----------------------|---------|
| 37 SV Germania Helstorf 6:06:56 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 245 | HM817 | Homann, Peter | 1:57:03 |
| 274 | HM815 | Baudis, Wolfgang | 1:59:20 |
| 394 | HM710 | Lohmann, Rudolf | 2:10:33 |
| 38 GTI Team Gera 2 6:09:07 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 45 | HM138 | Siegert, Peggy | 1:57:53 |
| 269 | HM644 | Kern, Ralf | 1:59:00 |
| 410 | HM659 | Strauß, Michael | 2:12:14 |
| 39 Die Irrläufer Hamburg 6:10:18 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 300 | HM454 | Wulf, Volker | 2:01:18 |
| 71 | HM238 | Barkowski, Silke | 2:03:13 |
| 93 | HM467 | Mause, Sabine | 2:05:47 |
| 40 1. LAV Rostock 3 6:12:57 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 281 | HM327 | Bönsch, Wolfgang | 1:59:44 |
| 361 | HM696 | Ramthun, Jan | 2:06:36 |
| 362 | HM697 | Ziegler, Ingo | 2:06:37 |
| 41 Mottencastle Hamburg 6:13:26 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 48 | HM202 | Hinkel-Reineke, Karin | 1:58:14 |
| 298 | HM116 | Reineke, Thomas | 2:01:06 |
| 419 | HM200 | Greiner, Gerhard | 2:14:06 |
| 42 ALG Löcknitztal 6:13:30 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 176 | HM832 | Lucka, Mathis | 1:51:12 |
| 79 | HM733 | Fiedler, Uta | 2:04:20 |
| 435 | HM734 | Beißer, Kai | 2:17:58 |
| 43 SV Hanse-Klinikum Stralsund 2 6:24:43 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 341 | HM185 | Arnold, Peter | 2:04:50 |
| 378 | HM933 | Schlicht, Frank | 2:08:20 |
| 404 | HM174 | Wilhelm, Sascha | 2:11:33 |
| 44 Sport- u. Traditionsverein Mei 6:27:54 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 119 | HM431 | Schories, Eberhard | 1:46:40 |
| 431 | HM433 | Süßmann, Rainer | 2:17:21 |
| 198 | HM430 | Schories, Jutta | 2:23:53 |
| 45 Blockhütte Prerow 6:33:25 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 236 | HM80 | Langer, Jörg | 1:56:34 |
| 439 | HM117 | Richter, York | 2:18:25 |
| 182 | HM164 | Voss, Iris | 2:18:26 |
| 46 Agricon Unternehmensberatung 2 6:39:17 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 350 | HM425 | Brockmann, Uwe | 2:06:03 |
| 426 | HM437 | Hauser, Torsten | 2:16:18 |
| 172 | HM692 | Lüdtkke, Maren | 2:16:56 |
| 47 Team Strandweg 3 6:49:24 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 257 | HM509 | Schuhmann, Mario | 1:58:18 |
| 442 | HM511 | Kistner, Fritz | 2:20:27 |
| 220 | HM510 | Kistner, Marion | 2:30:39 |
| 48 ALG Löcknitztal 2 7:08:08 | | | |
| Platz | Startnr. | Name, Vorname | Endzeit |
| 189 | HM735 | Beißer, Jette | 2:19:24 |
| 200 | HM732 | Ehlert, Doreen | 2:24:22 |
| 200 | HM731 | Ziebarth, Heidi | 2:24:22 |